



**Countdown to Census 2020**  
See page 4

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# INDIAN VOICES

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WorldBeat Center Staff, Jesimarie, listening to the music of Black-Eye Thunbergia Flower wall in WorldBeat Center's Community Science Garden

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**Waves of Change** – This music was recorded on the beach of the Pacific Ocean in Northern, CA with Pixie the Prayer Plant. The data collected suggests

Teresa Helgeson, Plant Music therapist connecting the plant music instrument to plant.



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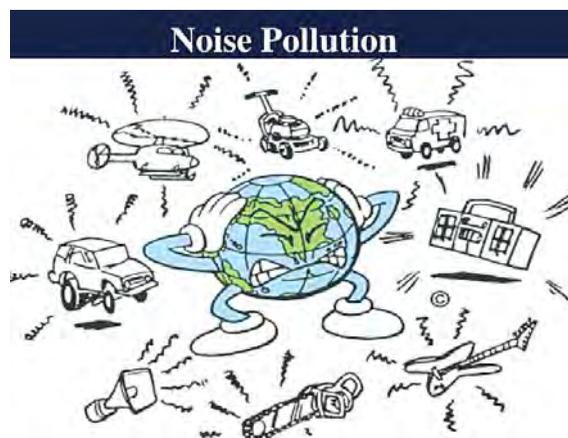
## The Noise Pollution Project, An Issue of Environmental Justice for Underserved Communities

by Teresa Helgeson and Makeda Dread

### What is Noise Pollution?

Noise pollution is also known as Sound Pollution or Environmental Noise. The Merriam-Webster Dictionary defines noise pollution as, "annoying or harmful noise (such as of automobiles or jet airplanes) in an environment." According to the EPA, "Sound becomes unwanted when it either interferes with normal activities such as sleeping, conversation, or disrupts or diminishes one's quality of life."

The World Health Organization (WHO) declared noise as a pollutant in



1972 and since then noise pollution has been considered one of the main sources

of pollution. However, the Office of Noise Abatement and Control, which operated under the Environmental Protection Agency (EPA) was defunded in 1981 during the Reagan administration, which means there has been little focus from the government on noise pollution since that time.

Noise pollution comes from basically three different sources.

- Industrial Pollution - which consists of heavy machinery used at construction sites, mining equipment, drilling equipment, generators,

SEE **Noise Pollution**, page 11

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# Native Like Water Takes to the Sea

by Norrie (Doc) Robbins

Native Like Water, which is an initiative of InterTribal Youth (ITY) and One World BRIDGE 501c3, fulfills its prophesy -- taking native youth out to sea. Kumeyaay youth from or having family from the nations of Barona, Viejas, Mesa Grande, and Santa Ysabel joined other inter-tribal youth and educators on the schooner "Californian" over the March 23-24 weekend on their first overnight sailing voyage. The ship sailed out into the ocean and then anchored off Point Loma (ematically) for the night. The ocean and its breezes were perfect for greeting youth who were being reintroduced to ocean travel as part of their ancestry. Pods of two different species of dolphins interacted with them and the ship. Even a whale and sea turtle passed by.



Mama T, Tricia Gonsalves

Program Leader Marc Chavez (Chicano/Nahua) carefully interwove collaborative support from the Maritime Museum of San Diego, Wildcoast, and participant contributions. Mama T, a healer and cook came in from Hawaii to feed us healthy fresh food which included native foods. The 14 member crew on the ship felt blessed to be eating so well. Marc asked participants to bring an important plant and a song about water. Ukelele in hand, Mama T and students created a new song in three languages—English, Hawaiian, and Spanish. Kumeyaay bird songs were proudly shared by local high school student Daniel Vicaldo of Barona.

Loving supervision of the students was provided by ITY Lead Volunteer Staff: Kiana Maillet (Shoshone-Paiute), who is finishing her doctorate at UCSD, Manny Lieras



Norrie Robbins & Maya Vicaldo

(Dine/Comanche) came in from Oakland, and Marcus Victor Lopez (Chumash/Chicano) from Santa Barbara.

Science is always part of these ITY programs. Wildcoast Foundation's biologist and conservationist, Cory Pukini brought a remote operated underwater drone vehicle so the students could observe the fish and sea floor. He took a plankton tow and showed the

microscopic animals on a computer screen that was hooked to a microscope. UCSD's Astrophysics Professor Adam Burgasser showed the stars and talked about distant galaxies. Geologist and ethnobotanist Norrie Robbins told the story of the changing landscape, how ancestors moved across the ocean, and may have brought the most



Raymond, Cory, Marc, Ashley, Adam

important medicinal plants with them. The uses of plants as food and medicine are always an important part of Intertribal Youth programs.

The next programs of Intertribal Youth involve a two-week camp in July at La Jolla, learning how to kayak and indigenous science. In August, ITY and Native Like Water will be joining with other ocean-based tribes to circumnavigate Alcatraz Island as part of a sacred canoe journey and the 50th anniversary of the

SEE **Native Like Water**, page 15

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\*Tribal TANF is a program for Native American families residing in San Diego County and select areas of Santa Barbara County. One member of the household must be able to provide proof of ancestry with a Federally Recognized tribe or provide proof of descendency from the California Judgment Rolls.



# INDIAN VOICES

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Email: rdavis4973@aol.com  
Website: www.indianvoices.net  
Editorial Board: Rose Davis

**Editor:** Rose Davis

**Social Media Administrator:** Yvonne-Cher Skye

**Outside Support:** Mel Vernon

**LV Entertainment Writer:** Z. Z. Zorn

**Associate Editor:** Sis Mary Muhahmmad

**Writer:** Tukufu Kolongi

**Social Justice Editor:** Clovis Honoré

**Writer:** Kathleen Blavatt

**Writer:** Roy Cook

**Writer:** Marc Snelling

**Writer:** Scott Andrews

**Writer:** Jaclyn Bissonette

**Entertainment Writer/Photographer LA/SD:** Rochelle Porter

**Reporter de Espectaculos:** Omar DeSantiago

**Reporter de Espectaculos:** Michelle Banuet

**Proofreader:** Mary Lou Finley

**Graphic Artist:** Elaine Hall

**Staff Photographer:** Abel Jacome

**Kena Adams**  
Nevada Coordinator/Regional Advertising Contact  
1118 Chapman Dr  
Las Vegas, NV 89104  
indianvoicesnevada@gmail.com  
702-624-9502

111 South 35th St.  
San Diego, CA 92113  
(619) 234-4753  
(619) 534-2435 (cell)  
Fax: (619) 512-4534

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## Native Women Not Invisible Not Forgotten

by David Woundedbear

Dayton, OH, April 12- The University of Dayton hosted the Women's Day Panel: Missing & Murdered Indigenous Women: Not Invisible, Not Forgotten. Corine Fairbanks of American Indian Movement of Ohio and invited speakers Suzanne Smoke, area coordinator of Muskoka/Parry Sound (Ontario) Sexual Assault Services, and Carolina Castoreno-Santana, executive director American Indian Center of Indiana presented and took questions on the subject of missing, exploited and murdered indigenous women and girls. Some of the staggering statistics in the presentation included: Native women and girls are 12 times more likely to be victims of exploitation, rape, murder and violent crimes than any other population in Canada; 460,000 sexual assaults each year; Out of 1,000 reports of sexual assault: 33 are reported, 29 are recorded as a crime, 12 have charges filed, 6 prosecuted, 3 convicted. As of 2011 when Gladys Radek, a Gitksan/Wet'suwet'en First Nations woman stopped her exhaustive search, 4,520 were reported as missing.

"Why is it acceptable to violently objectify and exploit another human for your pleasure," says Fairbanks, "and why are the women and girls denied access to traditional ways?"

The panelists addressed the causes of the violence and exploitation, many of which have roots in colonial practices such as "residential schools," which separated children from their cultural identity in the interest of assimilation into westernized society. The residential schools are thought to be where the cycles of oppression and violence began. Once the children return from the schools they have a hard time finding a sense of belonging and turn elsewhere for acceptance and love.

The presentation stressed the fact that these women and girls are specifically



targeted by nonnatives because the perpetrators know the girls are marginalized and devalued. During their presentation the panelists described a downloadable pdf available which tutors perpetrators on how to effectively pimp indigenous females. Modeling work, free cell phones are often used to lure young victims trapped in poverty, or in broken homes where there is alcoholism, violence and few opportunities.

Smoke goes on to underscore that many tribal societies are matrilineal, matriarchal. With this very important role stripped from their lives the women and girls find themselves in structurally vulnerable situations with little or no power. The traditional roles of caring for the extended family, of preserving traditional ways, and protecting and healing the planet are removed by the enduring legacy and practices of colonialism. In this lamentable paradigm, women who should be enjoying an honored status in roles integral to the health of their societies are treated as less valuable than livestock.

This panel discussion comes at a momentous time as Canada's National Inquiry into Missing and Murdered Indigenous Women and Girls. It was launched in September 2016, and after several delays and extensions, is slated to be presented on April 30 of this year. One silver lining to this very dark cloud is Suzanne Smoke's daughter, Cedar Smoke Ogima Geeziko Kwe. Cedar is fulfilling her role. She is a Pipe Carrier, a Water Carrier and protector in the Anishinaabe teachings she received under the late elder Josephine Mandamin.

"We wish to plead our own cause. Too long have others spoken for us," proclaimed Freedom Journal, the first black newspaper in New York in 1824.

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## About FNX

FNX | First Nations Experience is the first and only national broadcast television network in the U.S. exclusively devoted to Native American and World Indigenous content. Through Native-produced and themed documentaries, dramatic series, nature, cooking, gardening, children's and arts programming, FNX strives to accurately illustrate the lives and cultures of Native people around the world.

Created as a shared vision between Founding Partners, the San Manuel Band of Mission Indians and the San Bernardino Community College District, FNX is owned by and originates from the studios of KVCR-PBS San Bernardino. FNX began terrestrial broadcast in the Los Angeles area on September 25, 2011 and went national on November 1, 2014 via the Public Television Interconnect System (PBS satellite AMC-21 Channel

SD08), making the network available to PBS affiliates, community and tribal stations, and cable television service providers across the country.

FNX is working diligently to obtain channel carriage in as many communities as possible across the country. Currently, FNX is carried by 22 affiliate stations broadcasting into 14 states from Alaska to New York and has a potential viewing audience of more than 46 million people across the United States! New stations are always coming on board, so stay tuned – FNX may be available in your city very soon!

FNX is currently available in the greater Los Angeles media market over-the-air on KVCR – Channel 24.2, via Satellite on DirecTV Channel 24.2, and on Cable through Frontier FiOS Channel 471.

The FNX application is available to download in the Google Play and iTunes stores, enabling you to watch FNX content on demand.

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## State Leaders Kick Off \$100.3M Census Push With Call to Ethnic Media, CBOs to Help Get Word Out

California isn't playing around in its effort to avoid an undercount in the 2020 Census.

by Tanu Henry | California Black Media

That determination was clear April 2 when the California Complete Count (CCC) office assembled a mixed group of stakeholders – advocates, state officials, legislative leaders and community members - to kick off an anticipated \$154 million statewide public information campaign. The event was held exactly one year away from Census Day 2020.

“California is determined to ensure we achieve a complete census count. We've started early and are committing more resources than any other state on a robust outreach and engagement effort to reach all Californians,” said Ditas Katague, Director, California



Regina Brown Wilson, Director Black Media addresses the group.

Complete Count – Census 2020. “Our collaborative partnerships throughout the state will make a difference in 2020, which may be the most difficult Census count yet for California.”

To reach the high mark its setting for itself, the CCC is encouraging ethnic media, community based organizations and other groups they are calling “trusted messengers” to apply for bids in a third round of funding as it finalizes its Census 2020 communication push. The office says the new contracts will be funded from a \$22.9 million pot allotted to designated groups called Administrative Community Based Organizations in 10 regions of the state. The second source of funding, \$26.6 million, will be channeled through county administrations.

So far, the state has invested \$100.3 million to support its overall Census outreach. Gov. Gavin Newsom has proposed an additional \$54 million in the 2019-2020 budget.



Sandy Close Ex Director Ethnic Media conducts meeting.

Last month, during its second round of funding, CCC announced it selected California Calls, an LA-based community organization comprised of 31 local grassroots groups, to lead its African-American outreach ahead of next year's national Census.

“My district and California as a whole have some of the hardest to count populations in the country, but we're going to make sure everyone counts,” said Speaker of the California State Assembly Anthony Rendon who represents an electoral area in southeastern Los Angeles. “The Census is coming and it's important. We all need to use our good reputations to remind everyone in every community to participate.”

California Calls joined 13 other local community groups from across the state in the \$4 million partnership with CCC. They are tasked with reaching out to ethnic minorities and other hard-to-count groups to ensure maximum participation.

The US Census has always undercounted African Americans and the reasons are mostly economic. Correctly counting all the individuals in households with multiple or multi-generational families called “sub families” is a major factor. Other variables like families without permanent housing, incarceration, homelessness, homes without broadband subscriptions and low literacy can all come into play.

During the last national survey in 2010 alone, US Census field representatives missed nearly 800,000 Blacks across the country and overlooked roughly 7 percent of all Black children. Other racial and ethnic minorities have been similarly undercounted as well.

“I represent one of the most undercounted census districts in California,” said Assemblymember Reggie Jones Sawyer (D-Los Angeles). “It is imperative that we work to change the chronic undercounting of my

district and many other disadvantaged communities throughout the state.”

On March 29, CCC held a bidders' conference in Sacramento to share information about the state's Census 2020 priorities, the proposal process, application requirements and project deliverables with interested contractors and sub-contractors. People who attended could show up in person or patch in through a teleconference line.

CCC told interested organizations to submit strategic plans by May 2019. Their proposals should include details of how they would spread the word about the 2020 decennial to the least-likely-to-respond people in the state and lay out the ways they would motivate them to participate.

Regina Brown Wilson, executive director of California Black Media, says she is encouraged by the steps the governor's office is taking to address the “solvable” undercount problem.

“We Black community leaders and media professionals - are committed,” she said. “We are looking ahead and we are ready to do everything on the front-end, with all the tools that we have available to us, to prevent yet another undercount in the 2020 Census.”

Inaccurate Census counts can lead to billions lost in federal funding for states. Those decreases can be far-reaching in disadvan-



James C. Ramos Dem Assemblyman 40 Dist., Chairman San Manuel Mission Indians educates the gathering .

tagged communities that need the cash for things like social programs, infrastructure or schools. The number of Representatives a state is allotted in the US Congress is also determined by the Census count.

An undercount in California in 2020 could mean the loss of one seat in the US Congress. The state has the largest population in the United States and the highest number of seats - 53 - in the United States House of Representatives.

“The 2020 Census will shape California's future for the next decade,” said Assemblymember Marc Berman, chair of the Assembly Select Committee on the Census. “California is a big, bold, beautiful, diverse



Governor's media outreach staff.

state – and because of that, we're also the hardest to count in the country.”

Research about past undercounts found that two demographic groups - immigrants and young, usually poor, unmarried women with children of all races - are overlooked the most.

The 10 regional administrative community foundations that the CCC announced at its quarterly meeting March 12 will be tasked with working with the local County Complete Count Committees, local community-based and grassroots organizations to help and get the word out.

Sandy Close, Executive director of Ethnic Media Services is focused on developing an organizational structure to assure that all groups and individuals are counted by the Census. EMS hosted a contingent of community media-journalists from across the state to strategize and around issues related to the ethnic community and the census.

Over a dozen media representative met and conferred with state representatives and agency heads in the governor's conference room at the State Capital.

Prior to the meeting a luncheon was held for the media group, which represented a cross section of ethnicities Sandy Close, briefed the group about the strategy for the day and the importance of the gathering.

The take away was an intense awareness of the importance of an accurate census count as well as the responsibility that the ethnic media has in demanding that fairness and equality prevail in the spectrum of life.



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## Four Corners Warrior Spirit Conference and Ceremony, Diné Nation, Window Rock, Arizona

by Ken White, CEO of Native Health Care Solutions

The Roundtable on Native American Trauma Informed Initiatives, Native Health Care Solutions LLC, and the Native Disability Law Center recently hosted this event on the Diné Nation in Window Rock, Arizona on April 4 and 5, 2019.

The purpose of the conference and ceremony is to highlight a holistic healing model that combines Indigenous traditional healing and trauma science to address historical trauma in Indian Country. The conference recognizes “historical trauma” as a condition, and the Warrior Spirit as a remedy for those Indigenous people afflicted by alcohol, drug abuse, domestic violence, depression and suicide. The conference was attended by approximately 140 persons from throughout the Southwest. This event was the third in a series of Warrior Spirit conferences and ceremonies held at the Gila River Indian Community in Arizona in April 2018; the Viejas Band of Kumeyaay Indians in Alpine, California in October 2018; and the Navajo Nation in April 2019.

The Dine’ Conference included many presenters with an expertise on historical trauma including Mr. Dan Press, General Counsel for the Roundtable; Ms. Tami DeCoteau,



Four Corners Warrior Spirit Team

Trauma expert; Dr. Anthony Pico, former Chairman of the Viejas Band of Kumeyaay Indians; and Ms. Tamara Strohauer, Social Work professor at San Diego State University. These presenters discussed the purpose of the Roundtable; causes and healing modalities for trauma; the background of the conferences; and developed an action plan with input and recommendations from all participants.

The conference was divided into three major themes – how trauma impacts education, health care, and the court system. Individual presenters and panel members in the areas discussed and recommended ways to address trauma and

improve ways to assist their students, patients and individuals involved in each of these systems.

A major consideration of the conference is how do you combine traditional healing with trauma science in an Indigenous setting. To address this concern, Mr. Ken White, CEO of Native Health Care Solutions LLC, presented a model called a “Traditional Healing Circle” that includes a sweat lodge, hogan, tipi grounds, shade house, meeting rooms, kitchen, shower and bathroom facilities, garden and campground in its design. This model is available to interested tribes and organizations to develop a combination of western medicine and traditional healing services

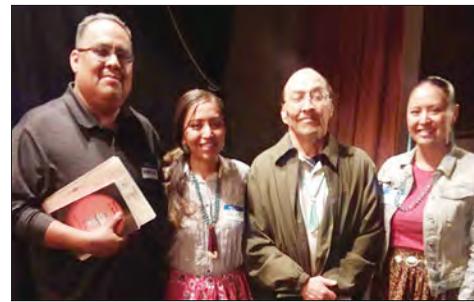
Ceremonies throughout the Nation. Ken White states that “This is not only a conference and ceremony; it is a movement throughout Indian Country to heal historical trauma from an Indigenous perspective, with the input of our elders, and spiritual strength from our ancestors.”

Dr. Anthony Pico stated “The Navajo Nation group is so talented, well educated, I have never seen so many people who stand out as much as they have done during a trauma conference. They sent a message loud and clear - that you need to get into healing modalities for yourself through the Warrior Spirit.”

For further information on the Warrior Spirit Movement, please login to [Ignitingthewarriorspirit.com](http://Ignitingthewarriorspirit.com), or join the Warrior Spirit Conference and Ceremony Homepage on Facebook.



Dr. Anthony Pico at the Navajo Nation Code Talkers Memorial, Window Rock, Arizona



Education Panel Members

es rendered through the Traditional Healing Circle. Mr. White explained that these services are reimbursable through third party sources (Medicaid, I.H.S., Public Law 93-638).

Mr. Dan Press states that the Roundtable on Native American Trauma Informed Initiatives is available to partner with tribes and organizations to plan and develop future Warrior Spirit Conferences and

## Congressional Black Caucus PAC

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The Census will be taking place exactly ONE YEAR from today and Trump is trying to rig it with citizenship questions that instill fear in immigrant communities. This fear leads to less people filling out the census, and less money being allocated to communities that need it.



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## Are Black Indians, African-Americans, A Sui Generis Community Entitled To Native Status?

What is the real legal status of Black Indians and African-Americans? The current status according to American law is that Black Indians and Black American are just simply "Black", a "simple-minority" American Black, not a special minority and certainly not a Native American just Black, but could that be right?

Well, let's ask a couple of questions. What is Black? If the Black Indians and African Americans are 'Black' when did they become Black? Because if they are

Black they must have become Black because they Europeans called them that. You must mean African? If you mean African then you must know that there were 4 waves of Africans who made the Indians, Black Indians, and the African-Americans.

I think there is something mighty fishy going on, If Black people are really African admixtures, native admixtures, and Europeans admixtures and they were made on American soil then this means that a part of that ancestry was aboriginal and the other part native to America. No? Who says otherwise? and could they dispute it if we had an election and said that we are a "Sui Generis Community" or dispute our contentions successfully in an international court?

Actually, according to international law, our 'historical continuity' in America fits the definition of a "Sui-Generis people. **The Sui Generis Definition from Nolo's Plain-English Law Dictionary.** (soo-ee jen-ris) Latin for of its own kind, and used to describe a form of legal pro-

tection that exists outside typical legal protections -- that is, something that is unique or different.

We say that the mischaracterizations by the United States have "encapsulated" the African descendant within the United States of America without the internationally recognized right to self-determination and the African-descendant must be viewed as a 'Sui Generis' community of peoples that deserves the benefits of being a Self-determining "Special minority American" which is not such an easy task with nearly 500 Billion-1.4 Trillion dollars a year at stake but one that we must ask you to undertake since we remain so poor under 'their configuration' of who we are.

HAVE WE BEEN HOODWINKED?  
IMPORTANT ANNOUNCEMENT  
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*Dr. Mustafa Ansari, Chief Facilitator  
American Institute of Human Rights  
AKA African-Descendant Institute of Human Rights.*

### Black Arts Los Angeles presents 10th Annual JUNETEENTH Heritage Festival

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Sunday, June 16, 2019

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## Black Indians And The Census

Prior to 1900 few Indians are included in the decennial Federal census. Indians are not identified in the 1790-1840 censuses.

Until recently, historic relations between Native Americans and African Americans were relatively neglected in mainstream United States history studies. At various times, Africans had varying

degrees of contact with Native Americans, although they did not live together in as great number as with Europeans. African slaves brought to the United States and their descendants have had a history of cultural exchange and intermarriage with Native Americans, as well as with other enslaved people who possessed Native American and European ancestry. Most interaction took place in the Southern United States, where the

largest number of people were enslaved. A significant number of African Americans have some Native American ancestry, but most have not grown up within the cultures and do not have current social, cultural or linguistic ties to Native peoples. It is this history and social awareness that the Census enumerators out in 2020 will made aware of.

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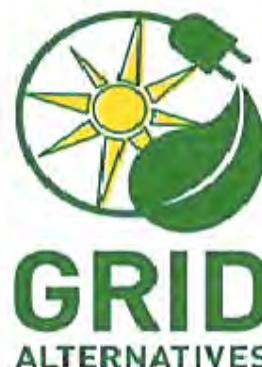
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# PERSPECTIVE from PEACHE

Photos Rochelle Porter

## 23rd Annual Jackie Robinson Family YMCA Gala at The Sycuan New Heritage Event Center



Joshua Muse Council Member, Assemblywoman Dr. Shirley N. Weber, Xusha Brown Sr. Council Member and Akilan Frizah.



Michael Bruner Director Jackie Robinson YMCA, Xusha Brown Sr. Joshua Muse Council Members and Tony R. Russell Board Chair.

On April 13, 2019 the Jackie Robinson Family YMCA Gala was held at the Heritage Event Center at Sycuan Casino & Resort. Over 500 guests attended and had a great time. The Jackie Robinson YMCA Gala is to award local students headed to College Scholarships and a fundraiser. This year it Tony R. Russell Board Chair announced that the scholars would receive help for a second year for the first time because of the generosity to their sponsors and donors. This year 11 students received scholarships. We would like to say a special thank you to The Sycuan Band of the Kumeyaay Nation for your extra generous donation. As always Assemblymember Dr. Shirley N. Weber was in attendance and spoke to the crowd assuring us that she is in the fight for change and fairness to the end. Thank you to longtime constant sponsor: Hunter, McKewon, Saxten, Shadek Family Foundations, and Sycuan Casino & Resort. Other sponsors include Wells Fargo, SDGE, RC Baker, UDW, Farrell Family, San Diego Padres, US Bank, Del Toro Loan Servicing Inc. The San Diego Voice & Viewpoint and The San Diego Union-Tribune. Michael Bruner thanks everyone for all of your time and support of the Jackie Robinson YMCA.



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- RESEARCH IN OUR COMMUNITIES MUST BE CONDUCTED WITH RESPECT AND CULTURAL COMPETENCY.
- RESEARCH IN OUR COMMUNITIES MUST INCLUDE OUR COMMUNITIES FROM THE BEGINNING.
- RESEARCH IN OUR COMMUNITIES WILL BE BENEFICIAL AND EMPOWERING TO OUR COMMUNITIES.
- RESEARCHERS MUST HAVE A DEEP UNDERSTANDING OF "RIGHTY".
- RESEARCHERS MUST HAVE A HIGH LEVEL OF EMOTIONAL INTELLIGENCE.
- RESEARCHERS WILL USE VOCABULARY THAT IS EASY FOR EVERYONE INVOLVED IN THE PROJECT (AND THEIR COMMUNITIES) TO UNDERSTAND.
- RESEARCHERS MUST UNDERSTAND OUR COMMUNITIES' PRIORITIES.
- RESEARCHERS WILL NOT USE OUR COMMUNITIES AS GUINEA PIGS. WE DO NOT WANT TO BE STUDIED OR USED FOR THE BENEFIT OF OTHERS.
- RESEARCH IN OUR COMMUNITIES WILL BE HONEST, TRANSPARENT, AND HAVE HIGH INTEGRITY.
- OUR WORLDVIEWS ARE NOT THOSE OF THE DOMINANT CULTURE. WE WILL NOT ADAPT OURSELVES TO FIT THE WAY SCIENCE IS TRADITIONALLY DONE.
- RESEARCHERS WILL BE CLEAR AND TRANSPARENT ABOUT THEIR AGENDA.
- RESEARCHERS WILL NOT USE OUR COMMUNITIES FOR THE BENEFIT OF THEIR INSTITUTIONS OR FOR THEIR PERSONAL BENEFIT.
- RESEARCH RESULTS WILL ALWAYS BE SHARED WITH OUR COMMUNITIES FIRST AND TO EVERYONE.
- CONSENT DOCUMENTS WILL BE CLEAR AND TO THE POINT SO THAT ANYONE CAN UNDERSTAND WHAT THEY ARE ASSESSING TO.
- THE INTELLECTUAL PROPERTY THAT IS TAKEN FROM OUR COMMUNITIES BELONGS TO OUR COMMUNITY.

**AS IMPORTANT AS THIS IS TO OUR COMMUNITY, THIS IS ALSO ABOUT CHANGING THE WAY SCIENCE IS DONE. FOR TOO LONG IT'S BEEN ABOUT PRIVILEGED INSTITUTIONS, AND SCIENCE HAS BEEN DONE TO US, ON US, OR FOR US BUT ALWAYS WITHOUT US.**

THIS IS ABOUT DOING SCIENCE WITH US, AND TRYING OPEN THE DOORS OF THOSE INSTITUTIONS SO THAT WE ARE PART OF THOSE INSTITUTIONS AND CHANGING THE WAY THOSE INSTITUTIONS - OUR INSTITUTIONS - WORK SO THAT THEIR EXCELLENT WORK IS DONE BY, WITH AND FOR ALL COMMUNITIES.

**AUTHORS:**  
Marilú López Fretts, Karen Purcell, Makeda Cheatom, Berenice Rodríguez Morán, Bobby Wilson, John Annoni, Tanya Zwiad, Tina Phillips, Cecilia Alvarez, Mathias Basner, Rick Bonney, Marcelo Bonta, David Bonter, Pat Campbell, Chris Cottle, Catherine Crum, Juan Flores, Yao "ChaCha" Foli, José González, Miika Grady, Linda Harris, José Miguel Hernández, Sister Sharon Horace, Karen Kilchen, Tish Klein, Erica Mckeeon, Raj Pandya, Ashik Rahaman, Lisa Shreiner, Godfrey Simmons and Fanny Villarreal.

Poster Design Credit: Marilú Lopez Fretts

## Environmental Justice and Earth Day

by Makeda Cheatom

This year's 29th Annual Multicultural Earth Day Celebration is dedicated to noise pollution, air pollution and environmental justice. WorldBeat Center is very honored to learn and be a part of this movement. We are honoring the Environmental Health Coalition for all the work they have done in the underserved communities in San Diego. On March 2019, WorldBeat Center attended the Citizen Science Conference and took part in a presentation to science and educators. We spoke on why it's so important to include the underserved in STEM programming.

This presentation was on a research project that WorldBeat Center, along with the Cornell Lab of Ornithology and 15 other Independent Community Based Organizations led for four years to create a better understanding on how to create authentic, equitable and inclusive collaborations between informal science institutions and community based organization. This conference changed our lives forever. This conference solidified the need for people of color to engage in science. One of my African teachers explained to me that in our African culture we do not separate science from art. In fact, all disciplines work together. When he told me that I had tears in my eyes because I realized it was true. I thought about Ancient Egyptians, Olmecs, native Americans and Mayans and all of the ancient cultures that embrace science and art as one. It's so important that the dominant culture embraces indigenous science. The ancient Dogon tribe discovered the star Sirius before western astronomers. A SOARS Protege Shares His Experiences, "Indigenous people were aware of their environment. You can see it in their pottery, in their art that reflects geometric designs and patterns. This observation of our natural world is part of our culture. Knowing your environment is part of science and this was a necessary part of our survival." So it's an honor to be a part of bringing STEAM for All. Join us Sunday, April 28th from 11AM to 7PM for our 29th Multi-Cultural Earth Day Celebration at WorldBeat Cultural Center and our sister center, Centro Cultural de la Raza in Balboa Park.

# WORLD BEAT CENTER

## Community Science at Work Featuring Noise Pollution

by Berenice Rodriguez

WorldBeat Cultural Center in San Diego, CA is happy to announce that thanks to a grant by the National Science Foundation, WorldBeat Cultural Center and the Cornell Lab of Ornithology, are partnering with other Community Based Organizations that represent underserved communities throughout North America such as Metro Atlanta Urban Farm, CLUES and the Camp Compass Academy are participating on a national project, "Noise, people and birds: Understanding the potential for science to benefit historically underrepresented communities in authentic and impactful ways". Other members of the project include bioacoustic engineers, researchers, graduate students, web designers and app developers.

The goal of the project is to improve equity, diversity, and inclusion (EDI) in citizen science from a community perspective by co-creating a Community Science project and app on noise pollution that benefits our communities. Building directly on prior research led by 15 community leaders in collaboration with the

Cornell Lab of Ornithology, the partners will co-create a framework and toolkits to inform practitioners who want to increase meaningful engagement of diverse audiences through Community Science projects.

Each of the four sites will use different approaches according to the needs of their communities. WorldBeat Center for example is focused on addressing noise pollution as an environmental justice issue with air pollution going hand in hand. WorldBeat Center aims to create awareness on the issue as well to develop a noise refuge space in the form of a sound sanctuary inside of WorldBeat Center's Community Science Garden. Metro Atlanta Urban Farm (MAUF) in Atlanta, GA aims on "moving the needle" to get more of our students from underserved communities into STEM programming and careers. MAUF will be working hand in hand with his local school districts to directly involve teachers and students from his local high schools. Camp Compass Academy in Allentown, PA is working with city officials to influence the city's vision plan which includes noise pollution. He will be working with various members of his community from youth to professionals to spread an understanding of the issues of noise pollution and the benefits of spending time in silence in their local preserves. Comunidades Latinas Unidas En Servicio (CLUES) in St. Paul, MN, on the other hand, will be working with a selected number of youth from Latinx communities to understand the health impacts of noise pollution in their day to day lives. CLUES will seek to empower the youth to create an awareness and impact on their communities through their ideas and goals.



Photo includes some project team members and NSF program Officer Ellen McCallie.

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The poster we presented at the Citizen Science Conference in Raleigh, North Carolina in March was a hit and won the Best Poster award! **Our Challenge: Supporting Equitable Approaches for Co-Created Scientific Research from the Ground Up** was designed and illustrated by Marilú Lopez Fretts and won first place for overall graphic design and tied for Best Overall. **Representing and interpreting research results through the arts is important for Community Based Organizations in the NOISE Project so that it's easy for all communities to understand. This is one of the examples of how we disseminate our work.**

Celebrating Environmental Justice All People All Races All Cultures

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# American Spring Live Featuring WorldBeat Cultural Center

by Berenice Rodriguez

We are so excited to announce that WorldBeat Cultural Center will be featured in an upcoming broadcast by PBS Nature showcasing a Celebrate Urban Birds event, a citizen science project by the Cornell Lab of Ornithology. How cool is that? We were so thrilled to have been selected and the



invite you to watch us on American Spring Live, Episode 2, on April 30th at 8PM on channel KPBS 2.

A big thank you to all those who made this possible: ACK



children who participated had a lot of fun bird watching, creating a mural, making seed bombs, learning about the appreciation of outdoors through Maasai traditions, drumming, playing capoeira and experiencing plant music. One of the best moments was when they were able to identify a hummingbird nest! Here are a few photos of the event. We

Productions, Thirteen Productions, the Cornell Lab of Ornithology, Marilu Lopez Fretts, Os Malandros De Mestre Touro, Teresa Helgeson, Maasai warrior, Weldon May, Ole Sankale, Nana Yaw Asiedu, Farmer Dale from San Diego Seed Library, and all the WBC Staff and volunteers who helped in the garden.

## Bob Marley Lives Forever

by Makeda Cheatom

Bob Marley, a Reggae super star, had a very short life, but his music is timeless. Bob Marley passed on May 11th, 1981. It was a very sad day for Reggae and his death changed the sound of the music. I remember talking to Bob months before he went to Germany for his cancer treatment. Tony Garnett of Tuff Gong LA called me and said that Bob Marley



wanted to go to the same cancer clinic that Steve McQueen went to in Baja California, Mexico. Tony G said they felt Bob should be somewhere warm with fresh fruits and veggies. I contacted the clinic in Mexico and they said Bob needed to stop any radiation he was taking. They gave me instructions and a kit to

give him and I mailed them to him to New York. I talked to him once and he was aware that the package was coming.

A week later I called to ask if he had received the package and instructions and he informed me that he never did. Soon after he was gone to Germany for cancer treatments. I knew it was really cold in Germany and totally different from Jamaica, but I knew that the Lion of Zion was strong enough to weather any situation.

Bob Marley is an inspiration til this day to the liberation to all human beings that are oppressed and downtrodden. His dream was for African Americans to hear his music and message. At that time he had a big white audience. He opened up for the Commodores and really stole the show. He was waiting on a tour with Stevie Wonder called "Hotter Than July", but he never made the tour because of his illness. Bob Marley passed in Miami, FL amongst his family. On May 11th, 2019 at the WorldBeat Center we are celebrating his memorial with an ascension concert. Doors open at 8pm with St Croix's Reggae band, Akae Beka, formally known as Midnite. Tickets are on sale and available online on BrownPaperTickets.com, Reggae World in North Park and at WorldBeat Center (2100 Park Blvd, Balboa Park, 92101).

Here is a blurb about the broadcast: For three consecutive nights beginning on Monday, April 29 at 8/7c, Nature: American Spring LIVE will present



the change from winter to spring from iconic locations across America in a special live broadcast on PBS and Facebook. Join scientists in the field as they make real-time observations and discoveries about how longer days and warming temperatures trigger big changes in plants and animals.

To encourage citizen science participation during the broadcast and beyond, Nature has partnered with several citizen science projects, including Bird Cams Lab and Celebrate Urban Birds (Cornell Lab of Ornithology), The Great

Sunflower Project (San Francisco State University), The Monarch Larva Monitoring Project (University of Minnesota Monarch Lab), Track-a-Lilac with Nature's Notebook (USA National Phenology Network), and SciStarter (Arizona State University). Head over to [pbs.org/americanspringlive](https://www.pbs.org/americanspringlive) to learn more.

PBS NATURE AMERICAN SPRING LIVE:

<https://www.facebook.com/PBSNature/videos/773160693047674/>

## Noise Pollution

Continued from page 1

grinders, road repair equipment and mills just to name a few.

- Transportation Noise – which includes traffic jam noise from poor urban planning, automobiles, airplanes, railroad trains and mass transit.
- Neighborhood Noise – consisting of loud music, electronics, sporting events, concerts, political rallies, household appliances and electronics, parties and outdoor fairs, etc.

### Why is Noise Pollution a Concern?

The human ear is extremely sensitive and never stops working and as such is a permanently open channel for auditory information. Our body responds in different ways to continual noise like background noises that we become accustomed to. Even when we are sleeping the ear is filtering sounds that get processed by the brain that raises blood pressure and heart rate. Loud sounds can cause inner ear damage and permanent hearing loss, which makes conversation and daily activities more difficult.

Excessive or prolonged exposure to noise causes a variety of health problems. Previous studies on noise pollution show direct links to adverse health conditions such as high blood pressure, hearing loss, tinnitus, sleep deprivation, stress, anxiety, depression, high blood pressure, heart disease and lost productivity in adults. In children, high levels of noise can negatively impact their physical and psychological health as well as their behavior and ability to learn.

According to a letter written by the Board Chairman of the Quiet Coalition in response to an article the New York Times published in July 2017 states, “Noise isn’t just a nuisance. It is also a health hazard, causing hearing loss, tinnitus (ringing), hyperacusis (an intolerance of normal sound levels) and non-auditory health effects: increases in stress hormones, hypertension, diabetes, cardiovascular disease and death.

A report released by the WHO in 2011 states, “there is overwhelming evidence that exposure to environmental noise has adverse effects on the population’ and ranked traffic noise second among environmental threats to public health (the first being air pollution.)”

### Who is at Risk?

#### Underserved Communities

The Environmental Health Perspectives journal published a study in 2017 that focused on the distinction between exposure to environmental pollutants and ethnic, racial and economic factors. Joan Casey, the lead author of the study stated, “We’ve known that poor communities and communities of color are likely more exposed to toxic landfills and air pollution, but until now we really have not heard much about noise pollution.” The UC Berkley researchers discovered a direct correla-

tion between noise pollution exposure and demographics by analyzing ethnic neighborhoods around the country. The study showed noise levels were consistently higher in predominantly Asian, Black and Hispanic neighborhoods. High levels of noise exposure existed in neighborhoods with high levels of poverty and low levels of education. Co-author of the study Rachel Morello-Frosch stated, “This is yet another study that shows that communities of color bear a disproportionate burden of pollution.”

#### Workplace Exposure

Employees who are exposed to loud consistent noises are at high risk of developing hearing loss, tinnitus, cardiovascular disease and diabetes. Truck motors and exhaust systems provide the majority of noise pollution on the highways, which puts Truck and mass transit drivers at risk. Other industries with high rates of noise pollution include the aircraft, railroad, construction and the manufacturing industry.

#### Birds

A study published in January 2018 examined the effects of 240 nesting sites surrounded by natural gas facilities consisting of gas wells and compression stations in northern New Mexico as a way of determining the long term impact human created noise has on birds. Their findings, which were nothing less than phenomenal showed the birds nesting closest to the noise of natural gas facilities displayed signs equivalent to Post Traumatic Stress Disorder (PTSD) in humans. It was more difficult for the birds to hear approaching predators as well as normal sounds causing them to be in a state of hyper-vigilance. Baby birds grew up smaller in size and with small amounts of feathers causing the survival rate of chicks to diminish. It was determined that there’s a direct correlation between noise pollution, abnormal levels of stress hormones and lower survival rates in birds.

#### Plants

Everything in our world is connected and what affects one also affects another such as plants and trees rely on birds and animals to transport pollen from one flower or tree to the next and to also spread seeds thereby ensuring the plant population and species continues to thrive. The bird study mentioned above also provided some insightful information on how the behavioral changes in the Western Scrub-Jay population affected the Pinon Pine trees. The Pinon Pine trees rely on the Jay population to spread its seeds by taking hundreds

to thousands of seeds and hiding them in the ground to eat later. However, the Western Scrub Jay avoided the high noise areas, which means the fewer Pinon Pine trees will grow in those areas studied. It takes decades for a Pinon Pine tree to grow from seedling to a full grown tree and fewer seedlings mean fewer mature trees which means the results of noise pollution on the environment make last for decades.

### What is the Noise Pollution Project?

Thanks to a grant by the National Science Foundation, WorldBeat Cultural Center and the Cornell Lab of Ornithology are partnering with other Community Based Organizations that represent underserved communities throughout North America such as Metro Atlanta Urban Farm, CLUES and the Camp Compass Academy. The intention is to study community perspectives about noise pollution so we can create a national Community Science project and APP that benefits our communities.

### How can a Noise Refuge Space help?

It is apparent from the studies already conducted that low income and low education levels in neighborhoods of color are the highest risk communities affected by noise pollution. This means they are at a higher risk for adverse health conditions like hearing loss, tinnitus, cardiovascular disease, sleep deprivation, stress, anxiety, depression, diabetes and death. WorldBeat Center intends to create a Noise Refuge Space as part of its Community Science Garden. The intent of the Noise Refuge Space is to provide a safe haven away from noise pollution for at-risk communities\ in the form of a Sound Sanctuary. The Sound Sanctuary environment will consist of a wildlife habitat with plants, birds and projections soothing sounds that are known to decrease the adverse effects of noise pollution.

Taking the community into WorldBeat Center’s Garden will also bring the benefits of Shinrin-yoku. Shinrin-yoku means “taking in the forest atmosphere” or “forest bathing.” It was developed in Japan during the 1980s and has become a cornerstone of preventive health care and healing in Japanese medicine. Researchers primarily in Japan and South Korea have established a robust body of scientific literature on the health benefits of spending time under the canopy of a living forest. Now their research is helping to establish shinrin-yoku and forest therapy throughout the world.

The idea is simple: if a person simply visits a natural area and walks in a relaxed way there are calming, rejuvenating and restorative benefits to be achieved.

We have always known this intuitively. But in the past several decades there have been many scientific studies that are demonstrating the mechanisms behind the healing effects of simply being in wild and natural areas. (some of this research is available here). For example, many trees give off organic compounds that support our “NK” (natural killer) cells that are part of our immune system’s way of fighting cancer. The scientifically-proven benefits of Shinrin-yoku include: boosted immune system functioning, with an increase in the count of the body’s Natural Killer (NK) cells, reduced blood pressure, reduced stress, improved mood, increased ability to focus, even in children with ADHD, accelerated recovery from surgery or illness, increased energy level, and improved sleep.

By providing a safe haven that helps alleviate the adverse effects of noise pollution, WorldBeat Cultural Center will assist in improving the health of the underserved communities we represent.

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## An Environmental Justice Powerhouse

by Makeda Cheatom

Powerful Environmental Justice advocates and citizen scientists rolled into Raleigh, NC. WorldBeat Center was invited on a scholarship from Environmental Justice division of the Citizen Science Association. Wow, it was the most powerful conference I've ever attended. It was an honor to present during our symposium with my grant colleagues. The Cornell Lab of Ornithology was there in full effect as well as a whole heap of environmental advocates.

It was mind-blowing to see Natives, African Americans, and Latinx fighting for their communities' health and well-being. Here are some of the movers and shakers in Environmental Justice from scientists to advocates. Viola "Vi" Waghiyi of the Yupik Tribe in Alaska enlightened us about how her tribe has been dying out from rare forms of cancer developed from toxins that have ended up in their food and water. She informed us most pollution comes from the military bases and that they are not accountable. She said it's been several years with no ice and it's affecting their local wildlife. Can you imagine, the Bering Sea and Bering Strait of Alaska with no ice? Nayyirah Shariff from Flint, MN said that not much had changed in Flint and many people still didn't have access to clean water and are being affected by the lead and toxins in the

water. Carmen Milagros Vélez Vega from Puerto Rico let us know that they were still struggling to have resources spread to all parts of the island including water and power in low-income neighborhoods. Miss Margaret Gordon has been Oakland's advocate and is known all over the country for her environmental justice work in air quality and she don't play. One of the most powerful speakers was Dr. Beverly Wright from New Orleans with over 30 years of experience in the environmental health and justice movement. What a knowledgeable woman! When asked what her biggest obstacle was in her career she stated racism. Another power African American scientist was Dr. Sacoby Wilson, Professor of the School of Public Health at the University of Maryland-College Park. There were many other African American STEM professionals, it was amazing.

I invite you to look up some of their names and get to know their works. I'm really humbled by the work they do.

After the four day Citizen Science conference I left inspired and empowered with a deeper meaning for the Noise Pollution project WorldBeat Center is working on. The works of these advocates inspired us to dedicate our Multi-Cultural Earth Celebration to Environmental Justice. Join us as we salute San Diego's EJ leaders, the Environmental Health Coalition.

## No Spiritual Surrender

The Warrior Spirit is a spiritual movement not a political agenda. In fact the more we concentrate on the spirituality of the Movement, and intentionally separate it from the politics of the day, the more successful it will be, because we are putting the Movement in the Creator's hands,

not politicians or politics. With this approach whatever needs to come forth for the people in the future - funding, legislation, programs, services and facilities - will be pure and the blessings of our Creator and ancestors.

Ken White

## Newly Established California Tribal Chairpersons' Association Announces Executive Board

Sacramento, CA, April 9, 2019 – On Tuesday, April 9, 2019, the Southern California Tribal Chairmans' Association,

• Dale Miller - Chairman of Elk Valley Rancheria was elected Member at Large of the CTCA.



(left to right): Dale Miller, Chairman of Elk Valley (CTCA Member at large), Kevin Day, Chairman of Tuolumne (CTCA Member at large), Michael Hunter, Chairman of Coyote Valley (CTCA Vice Chairman), Bo Mazzetti, Chairman of Rincon (CTCA Chairman), Erica M. Pinto, Chairwoman of Jamul Indian Village (CTCA Secretary), Garth Sundberg, Chairman of Trinidad Rancheria (CTCA treasurer).

• Kevin Day - Chairman of Tuolumne Band of Me-Wuk Indians was elected Member at Large of the CTCA.

"The mission of the CTCA is to promote unity and strength by advocating for all California Indian people.

Central California Tribal Chairpersons' Association and the Northern California Tribal Chairpersons' Association joined forces to formally establish the California Tribal Chairpersons' Association (CTCA), a state-wide organization established to collectively address critical issues facing Tribes in California.

At its inaugural meeting, the CTCA met in Sacramento to adopt bylaws, vote and elect the Executive Board consisting of the following members:

- Bo Mazzetti - Chairman of Rincon Band of Luiseno Band of Indians was elected Chairman of the CTCA.
- Michael Hunter - Chairman of the Coyote Valley Band of Pomo Indians was elected Vice Chairman of CTCA.
- Erica M. Pinto - Chairwoman of the Jamul Indian Village of California was elected Secretary of the CTCA.
- Garth Sundberg - Chairman of the Trinidad Rancheria was elected Treasurer of the CTCA.

As my father taught me, it is important to improve the lives for future generations and to pursue a path that younger tribal leaders can follow, like our tribal elders did for us" stated Bo Mazzetti, Chairman, CTCA.

Representing sovereign tribal governments throughout the entire state with one voice, this influential organization will work collaboratively with other tribal organizations on all fronts to find solutions and bring resources to Tribal nations.

"The California Tribal Chairpersons' have united to create an association that represents every region of the State of California" stated Michael Hunter, Vice-Chairman, CTCA.

*About the California Tribal Chairpersons' Association (CTCA) Formally organized in 2019, the mission of the CTCA is to protect and promote tribal sovereign government rights, advocate for the general welfare of California Tribes and their cultural identity and interests. The CTCA is organized as a resource and recognized as a central point for tribal issues in California. For more information and media inquiries contact Erica M. Pinto, Secretary at epinto@jiv-nsn.gov.*

## Yahweh International, Robert Fairchild Jr. Ministries

We are dedicated to making a difference in the lives of the homeless, the addicts, the incarcerated, and the downtrodden in the Los Angeles & San Bernardino County region(s).

Please join us by contributing food, clothing, transportation, monetary donations in whatever means you have to this worthy and worth-while cause. May God bless you and keep you!

Robert Fairchild, Jr., Director.

Contact Us:

info@yahwehinternational.com  
Phone: 800-347-7239

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**San Diego Education  
10393 San Diego Mission Road, at noon.**

**NEWS** *from Las Vegas/Nevada*  
by Kena Adams

## Carolyn Goodman Will Remain the Mayor of "The Greatest City on Earth," for Her 6th and Final Term

The Goodman's are a staple of Las Vegas culture, especially downtown. Oscar and Carolyn have exhibited, through their decades of service, to be down to earth, smart and committed people. Carolyn Goodman took the municipal election by a landslide with 8 out of every 10 votes. Even though this was the 2nd worst voter turnout in 20 years, mayor Goodman will have another term to make Las Vegas just a tad more fabulous. Her swearing in will be postponed due to her fight with breast cancer since January. She has been tired but hopes to be sworn in at the City Council meeting May 1st. Las Vegas looks for-



ward to another term with such an amazing mayor that truly has Las Vegas and its residents in its best interests.

## Moapa Honors Child Neglect and Awareness Month

Spring brings the CAN parade every year on the Moapa Band of Paiutes Reservation. Not only is it their annual parade but also CAN Month. CAN (Child Awareness & Neglect) is honored each year in April. The parade is themed with information booths, candy and lunch. A few years back I remember covering the parade. The Moapa Tribe provided a jumper and fun activities for the kids as well for grown-ups. This particular year I manned the watermelon eating

contest table. It was great fun for all ages and great information as well as awareness to such an important topic. With the weather so mild the parade could not have come at a better time, it has been windy for a few parades, but today the weather is just perfect. The Moapa band of Paiutes have hosted this parade, which runs down Lincoln Street, for 11 years to date. Thank you, Moapa Band of Paiutes, for 11 years of honoring such an important issue that affects everyone.





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## Walk of the Warrior

by Wolf Diaz

My heart is full is filled with gratitude and peace. Recently San Manuel reservation approved a grant that I wrote back in November for Walk with a Warrior. The grant was for \$5000 and the money will be used for our general operating costs or what's called core support. Walk of the Warrior is a American Indian nonprofit outreach program which serves the needs of alcoholics and addicts on the reservations. I have been an unsuccessful grant writer for about eight years and in that time I learned how to be told no hundreds of times. It is a very humbling and painful experience but I never gave up and Kept

telling myself one day somebody's going to say yes . And about three years ago they started saying yes. Yippee and the crowd goes wild. There are times when I am filled with fear and worry and I have to remember when I first started this nonprofit I was filing forms and sending them to all of the proper government agencies. And I got one back and there was a typo. Instead of saying Walk of the Warrior it said Walk of the Worrior – I could picture a worrier biting his fingernails and sweating walking down the path in fear. And I realized it was a note from the universe telling me to make up my mind, what are you a warrior or a worrier ha ha ha ha ha ha ha ha ha ha. So when I start worrying I just say God is not fear God is love and everything turns groovy.

## Maria A. Muhammad is with David Muhammad at Marina Village.

The Southeast San Diego Sustainability Coalition were honored tonight! We received the Community Champion Award!!!

The Southeast San Diego Sustainability Coalition (SSDSC) is building community-led momentum around sustainability to ensure that the people of Southeast San Diego who are disproportionately impacted by environmental injustice and inequity have the tools and resources they need to benefit from the transition to a clean energy economy.

SSDSC has brought together Southeast

San Diego community leaders and organizations with allies from throughout the city, region and state to engage and empower the community residents, increase access to renewable energy and clean transportation, boost climate resiliency and public health, and fight for "green" local jobs.

Thank you @sdclimateaction, @cleantechsandiego @bayviewchurchsd @cityofsandiego619 @gridalternatives @greenlining @engie @centerforsustainableenergy @iambkcdc @sparkleboou @daygosunshine @mamaishalove @ Marina Village

## CREEK FREEDMEN DESCENDANTS SOUGHT

**Muscogee Creek Indian Freedmen Band is seeking the descendants of Creek citizens placed on the Creek Freedmen Roll from 1896 to 1915.**



**If your ancestors were on this roll, write P.O. Box 6366, Moore, OK 73153 for eligibility information.**

## Destiny Six Financial Services



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## Joyce Vernon, 89 of Escondido, CA



An Elder of the San Luis Rey Band of Mission Indians passed away Easter Sunday 4/21/19 in Tri-City Hospital Oceanside, she was born in San Luis Rey CA 4/25/29.

She spent her early childhood growing up on her Grand Father Foustino Foussat's farm in the San Luis Rey Valley along with her 10 aunts. She attended Libby School and Little Flower Academy at Mission San Luis Rey and Graduated Oceanside High School "Pirates" Class of 1947.

She was proceeded in death by her sister Betty Jane Valenzuela of San Juan Capistrano, her mother Helen Yanis Foussat and Father Salvador Carranza.

She leaves behind her daughter Diania Caudell, son Mel Vernon, one nephew, three grandchildren and two great granddaughters.

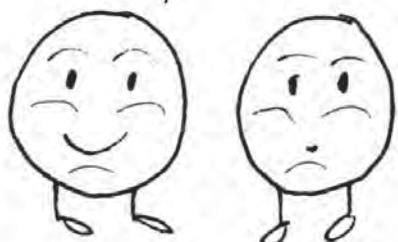


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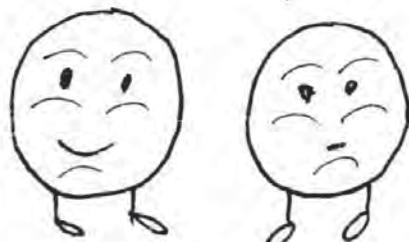
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### FRYBREAD

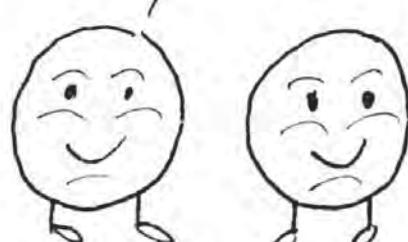
I'm glad I'm not a white bread.



Why?



I can't fit in a toaster!



### SAYNDAY

**Every Tuesday**  
**BORDER ANGELS**  
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**Bobby Wallace  
 Shining The Light  
 On Our Future  
 Leaders**

What a great 2 days listening to future leaders, me and lil Joshy at Tedx. Steak time now!!!!  
 Have a great weekend spiritual warriors, press on!!!!!!

**Walk Against Drugs & Domestic Violence**  
**Save the Bees & Climate Change Gathering**

Peach Springs, Arizona  
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 For more details contact:  
**Mike Whatoname: 928-699-2031 • Monique Alvarez: 928-769-6002**  
**Barbara Burnside: 928-313-4490**

**Native Like Water**  
 Continued from page 2

November 1969 Indian Occupation. On the recent Native Like Water Voyage, participant, Anthony Stultz Osuna (Santa Ysabel) shared the story of his grandfather being one of the original occupiers of Alcatraz. A group of youth are being welcomed to start building kayaking skills and paddle out of the San Diego Harbor twice a month starting in May. They will become part of this next history of Alcatraz Island in the land of the Ohlone people. To learn more about Native Like Water, see them on Facebook, Instagram, or learn details of the spring and summer programs at [www.NativeLikeWater.org](http://www.NativeLikeWater.org)

*In Loving Memory  
 of Earnestine Johnson*

The multi-cultural community of San Diego comes together to express sorrow and remorse over the recent passing of our beloved friend and neighbor. Earnestine Johnson's ever present spirituality helped to mold and define the community she lived in. She will be missed. She has blessed the ones she has left behind.

## The Great Kumeyaay Nation People of the Earth

The Kumeyaay consist of two related groups, the Ipai and Tipai. The two coastal groups' traditional homelands separated by the San Diego River: the northern Ipai (extending from Escondido to Lake Henshaw) and the southern Tipai (including the Laguna Mountains, Ensenada, and Tecate).

The term Kumeyaay means "those who face the water from a cliff". Kiliwa word *kumeey* meaning "man (human being)" or "people." Both *Ipai/lipay* and *Tipai* mean "man (human being) or people.

Kumeyaay territory goes back 12,000 years with land along the Pacific Ocean from present Oceanside, California in the north to south of Ensenada, Mexico and extending east to the Colorado River. The Kumeyaay tribe also used to inhabit what is now a popular state park, known as Torrey Pines State Natural Reserve.

Spaniards entered Tipai-Ipai territory in the late 18th century, bringing with them non-native, invasive flora, and domestic animals, which brought about degradation to local ecology. Under the Spanish Mission system, bands living near Mission San Diego de Alcalá, established in 1769, were called Diegueños. After Mexico took over the lands from Spain, they secularized the missions in 1834, and Ipai and Tipais lost their lands; band members had to choose between becoming serfs, trespassers, rebels, or fugitives.

While the world's nervous system is in psych lock down today's Great Kumeyaay Nation is developing and solidifying alliances with an emerging worldwide community of aware, concerned and environmentally conscious change agents fueled with indigenous intelligence and spirituality, locking arms and minds and moving forward toward a healthy balanced future with a coinciding leadership.

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# 31st Annual Balboa Park POW WOW

## Mother's Day Weekend May 11-12, 2019

Saturday and Sunday 10 AM to 6PM  
President's Way & Park Blvd., San Diego, CA

**Head Staff:**  
**Emcee:** Randy Edmonds: *Klown/Caddo*  
**JR MC:** Jake Jacome: *Kumeyaay*  
**Spiritual Advisor:** David Patterson: *Sac and Fox Nation*  
**Arena Director:** Victor Chavez: *Diné*  
**Eagle Staff Carrier:** Richard DeCrane: *Crow/Diné*  
**Head Gourd Dancer:** Ivan Sam: *Diné*  
**Head Man:** Kale Flores: *Pecharga*  
**Head Woman:** Annalisa Betillos: *Pecharga*  
**Head Young Man:** Dakota Jacome: *Kumeyaay*  
**Head Young Woman:** Kaylani Salazar: *Kumeyaay*  
**Paul Cuero & the Kumeyaay Bird Singers**  
**Color Guard:** American Indian Warriors Association

**Saturday:** Honoring Past & Present Board Members of the S. D. American Indian Health Center  
**Sunday:** Danza Azteca Calpulli Mexicana Dance Group  
**Sunday:** Mother's Day Special

**10:00 AM BIRD SINGING:**  
**11:00 AM GOURD DANCING:**  
**12:00 PM GRAND ENTRY:**  
**1:00 PM Inter-Tribal Dancing**  
**3:00 PM Honorings and Specials**  
**3:30 PM Inter-Tribal Dancing**  
**6:00 PM Retire Colors, Closing**

**Free Admission  
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**Contact information:**

General Information: Paula Brim 1-858-442-5033 or email: paula.brim@s daihc.com  
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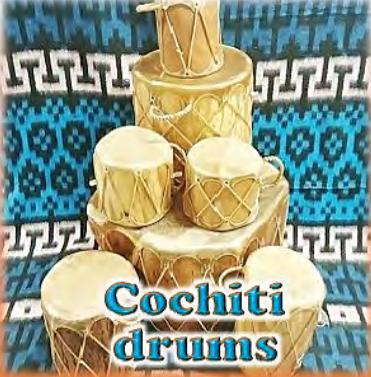


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