OUR 38TH YEAR

MULTI-CULTURAL NEWS GLOBAL NETWORK

SEPTEMBER 2024

## **AMERICA-DEMOCRACY STRONGER THAN EVER!**

# AIR Program Reflections on 31 Years of Community Service to our Native Communities

by Dwight K. Lomayesva, JD / AIR Programs Director and the Honorable Devon L. Lomayesva, Esq. Intertribal Court of Southern CA

Our story started here some 31 years ago, with bunch of Native students wanting to change the world.

Each of our paths were very different, as they should be... Although each of our stories may be different, our care for Indian Country has been and will always

be, the same. In our customs and

traditions, we are a community and we all will rise together, or we will pause and wait for you.

When we started this journey, Native people had little choice within higher

education. Simply, we did not go. Therefore, we did not have the opportunity to be lawyers, doctors, teachers, or other professionals. These professions have always been so needed in our communities and our Native people should be filling these jobs. Why? Because Native people understand of our communities as they are cousins, brothers, sisters and relations that have



AIR Summer Programs Group at Museum of US

the highest stakes in having greater future for our Tribes.

In 1993, our goal was to motivate and prepare our students to achieve academic success in high school and pursue higher education. Minimally, our imagined success was if we influenced one person then we were able to say we had accomplished our goal.

Today, we have the opportunity to

provide services to over 2500 students with students pursuing higher education at UCLA, Stanford, Penn, USC, University of Arizona, SDSU, UCSD, Brandeis University, UC Davis, NAU, Harvard, Columbia, MIT and many more. Students within our program have

"We must change our ideals on justice and look at a means to integrate our restorative justice within the western ideals of law."

gone on to represent their Tribes within at least five of the regional reservations in San Diego County as Councilmembers serving their communities.

Our success comes directly through the implementation of methods we have

SEE AIR Program, page 4

## International Initiative to Honor Cotton Pickers and Sharecroppers



by C. Sade Turnipseed, PhD

Plans are still underway for a \$26-million Cotton Pickers of America Monument and Sharecroppers Historical Trail in

the Mississippi Delta, known as "The Cotton Kingdom." This project aims to recognize the vital contributions of sharecroppers and cotton pickers who helped shape, not only America's economy, but also the global textile industry.

This movement, which began in Mound Bayou, MS, is led by the nonprofit KHAFRE, Inc., named after the Egyptian pharaoh who built the second pyramid of Giza. We chose this name to reflect our goal of creating lasting monuments, similar to the pyramids. As the founder and director of KHAFRE, Inc., I have

written a PhD dissertation on this initiative.

To discuss those findings and other research, the ninth Sweat Equity Symposium will be held at Mississippi Valley State University (MVSU) on Thursday, October 24, 2024, at 12 PM in the Carver Randle Auditorium. This year's symposium titled, "Up From a Cotton Patch ... Revisited," promises to be exciting. After a pause in 2020 due to COVID-19, we are returning with renewed energy and a focus on engaging the community in discussions about cotton's historical and economic significance. Our goal is to involve community members, students, faculty,



and staff in understanding MVSU's rich cultural context and its importance to both the U.S. and the world.

Over the years, our research has highlighted the hard work of cotton pickers and sharecroppers in the South. Cotton was America's top crop for over 200 years, dominating global agriculture until mechanization changed the industry in the late 1940s.

One of the key issues we are addressing this year is the importance of

teaching the Delta's cotton legacy in schools. Despite the region's rich history, this narrative is often overlooked in educational settings. We aim to bridge this gap, helping younger generations understand the contributions of their elders to this industry.

Cotton picking was grueling, both physically and emotionally. The dried bristles of the cotton bole caused painful cuts, and long hours in the fields were the norm. While the history of cotton has its difficult aspects, it is important to tell the full story.

Dr. Jon Jarvis, the former director of the National Park Service, acknowledged the need to honor the legacy of cotton pickers. Khafre, Inc.'s plan is to complete the historical trail and eventually transfer it to the National Park Service for

SEE Honor Cotton Pickers, page 10

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#### Justice for Indigenous Nations Is Rare. But This Supreme Court Decision Proves It Is Possible

The Supreme Court's 2020 decision in McGirt v. Oklahoma resulted in the largest restoration of Indigenous land in U.S. history.

Below is an excerpt from Rebecca Nagle's book, "By the Fire We Carry," published by HarperCollins on September 10, 2024. Continuing to explore a history she revealed in the podcast "This Land," Nagle writes on the U.S. government's forcible removal of 80,000 Indigenous peoples living east of the Mississippi and a landmark Supreme Court case nearly 200 years later that upheld the sovereignty of



tribal lands.

When I finally reached the cornfield, the sky was a bluish haze. The field had already been harvested. In swarms, blackbirds ate the broken pieces left on the ground. A spring-fed creek carved out the lowest place. From there, the ground rose east to a grassy knoll and then again east to a distant ridge lined with trees. There was little color in the hard Tennessee dirt and faded stalks before my feet. It looked mournful, as if the earth knew what history it held. When Cherokees were rounded up and forced into concentration camps, this was the largest one. They stayed close to the

## **Media Collaboration Empowers Cross-Cultural Dialogue**

by Dean Edwards, Democracy Watch News

Collaboration between media organizations, such as Indian Voices and Democracy Watch News, requires recognition of best standards, practices, and recognition of the goals and purposes of the organizations involved. Add in cultural differences and the need for thoughtful communication becomes the key principle in a media alliance.

A quarter of a century ago, as the 1990s moved to a close, the San Jose Mercury-News laid off their interns and announced staff reductions would follow in response to the challenges that came with the development of online news. By the beginning of the new century, journalism would undergo profound changes which affected career plans and development for journalists.

The closing years of the twentieth century raised questions about compensation and survival for reporters, newspapers, and periodicals. Advertising revenues and subscriptions began to decline in the uncertain Internet environment. Media consolidation added pressures. Independent news outlets began to fail as larger corporations absorbed more and more of them.

Journalists soon discovered fewer opportunities were available for career advancement with a single employer. Independent and freelance journalism expanded while reporters developed strategies for survival by establishing relationships with multiple outlets.

Some news outlets began to explore media collaboration with other independent outlets. More flexible business models arose to safeguard careers in journalism.

Reconsidering and identifying key factors required fresh analysis emphasizing cultural determinants. For Native Americans people, this meant beginning afresh and reimagining fundamentals according to traditional values.

Democracy Watch News, based in Salem, Oregon, works with editors and correspondents around the world. The news service has its own global experience, enabling consolidated views about best media practices and ethical standards.

It adheres to proven styles for journalism that boosts audience engagement. These form a toolkit to draw upon:

- Ethical journalism
- Solutions journalism
- Narrative journalism
- Purpose-driven journalism

New media practices combined with journalism fundamentals for the new millennium:

- Media collaboration
- Collaborative decision-making
- Civic, community, and audience engagement
- Integrated-media technologies News editors, officers, and boards of directors implemented these principles and practices as they began to define 21st century journalism.

Deutsche Welle, journalism.co.uk and the Society for Professional Journalists developed and gathered data about the effectiveness of principles and practices delineated above.

How Indian Voices describes its own set of proven methods and implements them will draw value from native sources. The two news services will report progress in cross-cultural collaboration as it develops to our readers, viewers, and listeners.

spring for water. There is no marker.

Whether or not the United States committed genocide against Indigenous peoples is still debated among historians. In 1948, the crime

was defined by the United Nations as the "intent to destroy, in whole or in part, a national, ethnical, racial or religious group" by one or more acts of physical violence. The Cherokee word for our removal is <code>AFHTT160WOT</code> It literally means "when they drove us." It's the same word we use to talk about herding animals.

To prepare, the army split logs, drove them into the ground lengthwise, and built 25 open-air stockades. On May 23, 1838, 7,000 U.S. soldiers and militiamen went out into the hills and valleys of Cherokee Nation and rounded the people up. At gunpoint, the militia drove a woman in labor from a remote valley town to the main concentration camp. Even after she gave birth, they would not let her rest. Finally, on a riverbank near the stockade, she lay down and died. Over 15,000 people were herded into the camps. In the squalor, violent conditions, they died in droves. When Cherokees marched west that winter, death followed. People walked over 1,000 miles; their

footsteps left a trench in the earth. Although the exact number is unknown, one missionary estimated 4,000 people died between the camps and removal — a quarter of the total population.

In the 1830s, the United States decided all Indigenous nations living within its borders needed to leave. Those that refused were forced. Choctaws were herded through waist-deep swamps; parents held their children over their heads so the kids wouldn't drown. Seminoles who tried to hide were hunted to the ends of the earth. The U.S. army charged Chickasaw Nation the cost of daily rations for deportees who had already died. Muscogee citizens walked through eight inches of snow (many without shoes because the company in charge of their exile lost their winter clothing). Because there was no time for proper burials, the dead were hastily covered in brush and later eaten by animals. Loss of life at this scale is compounded by the children who were never born. After removal, the population of Muscogee Nation steadily declined for two decades.

On my reporting trip to the South, I also visited the public parks and monuments that were clearly labeled and dedicated to this history of our removal. They were no less jarring than the cornfield. The visitors seemed most interested in the architecture of the early-1800s buildings. They walked their

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## The Sacred Fireplace Is Burning Bright and Beautiful

by Kenneth G. White, Jr.

#### Introduction

Stand on the mountaintop and always remember, the sacred fireplace is real and your connection to God Almighty. Respectfully, by fireplace, I mean all ceremonial ways Indigenous people and tribes use it in a real way, as compared to that fake smoke over there. The sacred

fireplace, and its beautiful smell of cedar and sage, won't let that fake smoke negatively impact Indigenous people. Its great everlasting spiritual power among tribes honoring and respecting it is to strong.

#### All Smoke and No Fire

Yes indeed, the sacred fireplace is permanent and real. That smoke is temporary and fake. As native people, we are used to fake smoke. Fake treaties, stolen land. BIA

prisons posing as schools. Being "discovered" after living on this continent for thousands of years. Being referred to as "merciless savages" in the Declaration of Independence after it states

"all men are created equal." 1492 and 1776 fake dates in In Indigenous history.

We survived slow-motion, methodical genocide by our own government. Genocide using the United States military to murder our dear, everyday Indigenous people. English history books then refer to murder softly as Wounded Knee, the Long Walk, and the Trail of Tears. Please understand these tragic events were not just catchy phrases in history books, but pre- planned United States military operations against our dear innocent Native people for greed, land, and money.

For example, James H. Carleton, Brigadier General writes to Washington D.C. officials requesting

"To round up the Navajo and send them to Fort Sumner."

He says, "They have no government to make treaties."

"They understand the application of force as a law. If its application is removed, that moment they become lawless." He refers to "butchering Navajos" and concludes his letter "If I

can have one more full regiment of calvary, and authority to raise one independent company in each county in the Territory, they can soon be carried to a final result." In other words, believe my lies, give me some guys and I will imprison these Navajo butcherers at Fort Sumner!

His lying request was approved. Elders recount the Navajo people had to put mud on their feet as protection from getting blisters as they walked. They had to eat white clay mixed with dirt for food. on the

300 mile forced imprisonment to Fort Sumner. No real truth in these lies. All smoke and no fire.

#### The Real Truth

In 2024, as Indigenous people, realize WE are our own real truth. As Indigenous people and tribes, nobody is going to "save" us, but ourselves. These examples of fake smoke are meant to show the real truth and make us stronger. We have our own glorious self-concept, ceremonial ways, and ways of life.

"Emancipate yourselves from mental slavery, non but ourselves can free our minds," our great indigenous brother Bob Marley once sang from his heart. It is true. One God given tool of survival and resilience to free our hearts and minds, is the sacred fireplace in our respective homes, families, and tribes. What makes me strong is that I connect, and remember, this same fireplace kept my Dine' ancestors warm during the cold winter months during their enslavement at Fort Sumner, and it is with me today.

#### The Sacred Fireplace

As Indigenous people, we know for fact, in a humble and powerful way, through our dear Creator, the sacred fireplace is real. Real among millions of Native people who occupied this continent for thousands of years before we were "discovered." Real to now approximately 1.1 million Native people and tribes in the United States today. Real as it protects

us and our sacred Indigenous way of life through our Creator. Real as a God given gift, that in many ways only Indigenous people understand, appreciate, and use, in a protective, and healing manner. Real within you.

#### Characteristics of the Fireplace

The sacred fireplace is infinitely humble, powerful, and spiritual at the same time. It has no limits, It is alive and aware of one's needs, goals, and aspirations in life. It is the eternal light. It is colorful, dances, and has a rhythm and sound all its own. Yes, we Indigenous people and tribes pray, honor, sing, and dance to it. It connect us to Creator.

We honor it as a living, kind, healing spirit. The spirit patiently waits for you to make a reciprocal connection with its healing powers. It kindly looks at you with love, hope, charity, and faith. It's like a kind Grandpa waiting for a grandchild. A lesson waiting to be learned. A healing with a gentle touch in God's time. A lasting, loving relationship far beyond human understanding. A universal invite with no judgement. "Let me help, heal, forgive, and encourage you in my way."

Comprehend its pure universal love in your heart and mind. Our sacred Grandpa fireplace. For thousands of years burning pure love among our Indigenous people and tribes unconditionally. In 2024, it is still among us in our respective ceremonial ways, people and tribes as a powerful,

**SEE Sacred Fireplace, page 14** 













## Join Our Fight for Public Schools

Educators are fighting for public schools. Join us.



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#### Sane-washing and the Harris-Trump Debate

Even before Tuesday's debate between Donald Trump and Vice President Kamala Harris, the term "sane-washing" was attracting attention among journalists frustrated with media coverage of the former president. On September 4, The New Republic published an article by Parker Molloy contending that news outlets have been "sanitizing Donald Trump's incoherent ramblings to make them more palatable for the average voter." For example, Molloy wrote, when Trump said children were getting gender-transition surgeries at school without parents' knowledge, a "glowing piece" in The New York Times "didn't even mention the moment where he blathered on and on about a crazy conspiracy that has and will never happen."

The very next day, Trump furnished smoking-gun evidence of Molloy's point. Asked "what specific piece of legislation" he would advance as president to make childcare affordable, Trump wandered through one incomplete, off-topic sentence after another, never naming a single policy. The Times, too, responded

as if scripted, blandly describing Trump's word-salad as "a jumbled and meandering answer, Mr. Trump said he would commit to legislation but did not offer a specific plan."

The following day, after tweeting that sane-washing had become his new favorite word, climate journalist Bill McKibben applied a similar critique to Trump's utterances on climate change. Writing in the Guardian, McKibben quoted the former president verbatim and at length from a conversation on a recent podcast show. In a mish-mash of bizarre non-sequiturs, Trump asserted that global warming was renamed "climate change" because Earth was actually cooling, that climate scientists had been poor school students, that seas will rise a quarter of an inch in 500 years, and that the real problem is "nuclear warming.

Trump's remarks were nothing less than "gibberish," McKibben observed. But it was dangerous gibberish, the journalist added, because Trump's "friends at Project 2025 have laid out in considerable detail how you translate that gibberish into policy" that would "bolster oil, gas and

coal" when humanity is already "on the edge of breaking the planet's climate system."

At Tuesday's debate, only one question was asked specifically about climate change. (Neither the moderators nor the candidates made the climate connection to separate exchanges about fracking.) Noting that Trump has called climate change "a hoax," Harris touted the Biden administration's clean energy investments and, contradictorily, its "historic" increase in gas production. Trump said not a word about climate. As with his childcare answer a few days earlier, he unleashed a torrent of unrelated, dubious points that left the question unanswered.

Because the debate was televised, ordinary people could see Trump first hand and draw their own conclusions. Most of the time, though, the public's impression of any politician is filtered through media reports. In a democracy, journalists are paid by our employers, but we work for the public. Voters deserve plain-spoken reporting about all candidates, especially about an issue as urgent as the climate emergency. Sane-washing is not part of our job description.

#### American Jewish University Releases Study on Indigenous and Jewish Allyship to Combat Antisemitism

Leading scholar studies building cross-community solidarity between Indigenous and Jewish American communities to combat rising antisemitism.

LOS ANGELES – American Jewish University (AJU) announced the completion and publication of its comprehensive Study of Allyship and Antisemitism. This project brings together scholars from across North America to share findings and insights for the Jewish community to counter antisemitism through forging alliances with other communities. The authors met on Zoom and for in-person meetings in Los Angeles in November 2023. The papers were completed between March and June 2024.

The events of October 7th emphasize the urgency of this project and the

difficulty of building strong and effective alliances in the fight against all forms of bigotry. Key findings from the study underscore the importance of fostering genuine and reciprocal relationships between communities, understanding the types of allyship that are expected, and developing strategies to build durable coalitions against hate.

"The ultimate goal of this study is to provide a detailed understanding of the practical challenges of allyship for the Jewish community in modern America," said Jeffrey Herbst, President of American Jewish University. "Each scholar made an important contribution by highlighting the dynamics that enabled allyship from perspectives seldom heard by the Jewish community."

David S. Koffman, the J. Richard Shiff Chair for the Study of Canadian Jewry and associate professor in the Department of History at York University in Toronto, explored the history and nature of Indigenous and Jewish American relationships, and the prospects and hurdles to stronger allyship.

Dr. Koffman's article highlights the historical and contemporary interactions between Jews and Indigenous Peoples,

emphasizing the importance of mutual support and understanding. He discusses the complexities and potential for solidarity, particularly in the context of shared struggles against systemic bigotry and marginalization.

"Jews and Indigenous People can and should cultivate allyship here in North America to bring the benefits of solidarity to the communities who live here," writes Koffman. "Cultivating allyship across different marginalized groups is a rational strategy of survival, especially in the face of increasing anti-Jewish sentiment and far-right violence."

Led by Dr. Herbst and funded by The Schechter/Levine Program in Public Ethics and the Sid B. Levine Service Learning Program, this project serves as the inaugural initiative of AJU's Jewish Community Workshop. The Community Workshop is an innovative research institution that adopts a borderless approach and offers a modern and cost-efficient alternative to traditional think tanks to tackle key issues the Jewish community faces.

For more information on the study and to access the published papers, visit www.aju.edu/allyship.

#### **AIR Program**

Continued from page 1

developed through the years and the collaborative efforts established with our community. These methods have always included a focus on cultural and education working together to improve outcomes for Native youth and Tribal communities.

Today, we offer a new program as we recognize that juvenile incarceration has increased for Native Youth across the Nation. Native Youth have close to or the highest drug and alcohol rates and gang affiliation per capita. We must change our ideals on justice and look at a means to integrate our restorative justice within the western ideals of law. There is an alternative, where punitive punishment or incarceration is not placed on our Native children as a form of treatment. We have an opportunity to work with our Native youth, promote greater opportunity, and have a healthier community through a diversion plan through a Tribal Youth

We are creating a model program that utilizes restorative justice ideals and community to work with our Native juvenile offenders through our youth peer court model. Our Native youth acting as a "peer decision makers" can assist in guiding our juvenile students who simply do wrong things and create wellness for them

Yes, 31 years ago, we set out to provide our Native youth opportunities and choices to diversify the world to include our Native voices, our world view, and our experience.

We are proud to say that we are continuing our work with new programs as our Youth compete with the best in the United States with support from our Tribes, our communities and our AIR Programs. As for our initial goals, our Native youth now have meaningful choice and have earned these opportunities and we forward to these new leaders to take Indian Country towards a greater future.

We will honor our Native Youth at our Annual Awards and Fundraiser Banquet on Oct. 30th 2024. Please support our Native Youth through our fundraiser by going to our website at and contributing towards our ongoing efforts with our future leaders.

#### INDIGENOUS INTELLIGENCE

is a concept that recognizes the unique and valuable knowledge systems developed by Indigenous peoples over thousands of years.

It's a holistic understanding of the world that encompasses not only cognitive abilities but also emotional, spiritual, and social dimensions.



#### **HEALING CIRCLE**

Dreamers, Storytellers, Traditionalists, Indigenous Scholars and Influencers answered the call of the Ancestors to gather and breathe together.

August 11 the gathering took place at the San Diego Mental Health Center, 4069 30th St.

Grievances were aired and discussed in a positive and respectful manner while networking. A sense of unity, joy and the embracive Kumeyaay spirit broke through when Verna Antonio presented a cake and everyone sang Happy Birthday in honor and celebration of Mary Oyus.



visit: IndigenousNetwork.org

#### INDIGENOUS LANGUAGES



by Michael "Malulani" Maertens-Odegaard (modegaard@gmail.com)

### **California Indian Linguistic Rights**



The American tradition of "race" was designed as an assimilative process that alienates its indigenous peoples from their distinct tribal and national identities. Genocide

theorist Raphael Lemkin recognized forced assimilation of linguistic minorities into a dominant culture as an important characteristic of cultural genocide, and Richard Jaulin clarified that linguicide need not be intentional for language suppression to be an effective means of ethnocide. As a result of failed English language assimilation policies that characterized North American governance through the mid-20th century, minority linguistic rights in North America were finally recognized in Canada in 1969, and in 1990, the United States government began to fund indigenous language revitalization efforts.

Most Californians are probably aware that linguicide was a central and overt policy in residential schools throughout the North American continent and have heard stories of indigenous children being routinely brutally punished in residential schools for speaking their language. While it is assumed that linguicide died with the closure of the last residential schools, actually linguicide continues as a covert policy today. As Roland Chrisjohn stated, "Residential schools never ceased operation; they merely changed their clothes, and went back to work." Though it is no longer as easy to openly punish California Indian students for speaking their language, the ongoing dominance of colonial languages over indigenous linguistic groups continues to fuel linguicide.

Policy makers in the 1940s, 50s, and 60s began to experiment with integrating California Indian children into dominant language-only public schools, but now we know such integrated education for children has been a disaster, since such education requires a certain degree of assimilation on the part of the child. Far too long, educators have blamed the high dropout (or "push out") rates of California

Indian children in public schools on the children themselves, in addition to their families, cultures, and socio-economic conditions.

While schools can no longer get away with physically punishing children for speaking their indigenous languages, they still practice effective linguicide by imposing a dominant language as the medium of instruction by ignoring, stigmatizing and effectively displacing California Indian languages. This effect is called "subtractive language education" since it subtracts from a child's linguistic repertoire, instead of adding to it. The subtle message is that California Indian languages are not useful or necessary, and that it may even hurt children to be able to speak it. Subtractive language education is also accurately called "submersion education" to the extent that it submerses California Indian children in both an alien language and an alien culture; full proficiency in the dominant language is rarely achieved because children are not given the chance to first become fully proficient in their first language.

Submersion education has been linked to serious mental harm, including social dislocation and other forms of psychological and cognitive harm which leads to disproportionately high rates of poverty, addiction, incarceration and suicide of California Indians and its resulting social, economic, and political marginalization. The links between these conditions and the common experience of submersion education have led linguistic rights scholars such as Skutnabb-Kangas to conclude that the imposition of dominant languages as a medium of instruction is a "weapon of mass destruction," which fits the UN definition of Genocide and Crimes against Humanity.

In many tribal schools today existing core programs of 30 minutes a day of language instruction are useless for maintaining or creating fluency, as 90 percent of the school day and all of the "real" subjects are conducted in the dominant language, sending the implicit message that indigenous languages are not important or worthy of the same linguistic rights as the dominant language. Thus the internationally recognized right to speak one's indigenous language proficiently is violated by the simple fact that there is generally no option for education in

California in the medium of the indigenous language. The imposition of dominant languages on indigenous children is now considered the single most important factor in the shamefully high push out rate among indigenous youth who don't have access to indigenous language medium education, generally known as "language immersion" education. While initial costs of establishing immersion programs may be large, the overall benefits of immersion education include greatly reduced social costs of poverty, addictions, incarceration, and suicide, and increased self-sufficiency, health, and decolonization.

In 2007, when the United Nations affirmed the human right of indigenous peoples to pass on their languages to future generations through education and public media as well as to be free from any form of propaganda that would prevent them from using their languages or maintaining their distinct identities, indigenous linguistic rights were finally established in international law. When Hawai i legislated official status for its indigenous language in 1978, there were only a few hundred speakers of Hawaiian remaining in the state, but today the number of speakers of Hawaiian is now estimated to be over 30,000, and that state's residents' right to indigenous language medium education is constitutionally guaranteed. Hawai i's indigenous language revitalization success inspired Alaska to enact legal recognition of its 20 indigenous languages in 2014, and South Dakota did the same with all

three dialects of the Sioux language in 2019, the same year Governor Newsom acknowledged the Genocide of Native Californians during the Gold Rush leading to statehood. However the California constitution has yet to establish official status of the State's indigenous languages or to otherwise acknowledge the State's role in ensuring the revitalization of the languages of California Indians. While this year, Maui County, Hawai i has begun to transition into bilingual governance, California Indians right to be served by governance in their indigenous languages, regardless of their English language capacity, has yet to be established.

As a result, California Indian families remain invisible to most other California residents, and many California Indians continue to be alienated from not only their languages but also from each other; the California Indian women demographic class experiences the highest rates of missing and endangered status. The California Indian's choice between being educated or fluent in their indigenous language must come to an end! However, this is only possible if California Indian languages are not only recognized by law but also if the State's educational mission is expressly inclusive of indigenous language medium education from preschool through PhD. Likewise, all economic definitions of sustainability require equal inclusion of California Indian languages in all documentation and deliberative regulatory procedures as the capacity to serve the public in the State's indigenous languages develops.

#### A New Book Release From Africa World Press

Bruce E. Twyman, the author of The Black Seminole Legacy, and North American Politics, 1693 to 1845, has a

new title release. The new book is, The Last Crusade and the Empire of Haiti. This book was inspired by Twyman's Black Seminole Legacy research. A key nexus between the Haitian Revolution and the Black Seminole Wars, was the Haitian Maroon General George Biassou. Biassou exited Haiti in 1795 and arrived in Florida with a small auxiliary force as allies of the Spanish colonial government. Though Biassou would die in 1801,

members of his band married into the broader Black Seminole community, and participated in the Patriots War of 1812. Even a superficial examination of Biassou leads directly to his subordinate officer in the beginning of the Revolution, Toussaint L'Overture.

The Last Crusade and the Empire of Haiti, highlights the Roman Catholic struggle against the Islamic rise and expansion into, Europe and territory formerly held by the Roman Empire. The official Church struggle initiated against Islam was the Crusades. A major location

of the Crusades was on the Iberian Peninsula. This was the site of Spain and Portugal – previously known as Roman

Hispania. The Islamic Moors conquered and held the Iberian Peninsula for 700 years. The Crusades on the Iberian Peninsula was known as the Reconquista. After victory over the Moors in 1492, the Christian Soldiers of the Reconquista became Conquistadors in the New World Of America.

The Spanish established colonial Hispaniola as their first colonial base in the early Sixteenth Century. By 1700 Hispaniola was divided

geopolitically into Spanish Santo Domingo and French San Domingue. The San Dominigue Revolution (popularly known as the Haitian Revolution) between 1789 and 1804, established the Haitian Empire under Emperor Jean Jacques Dessalines. Haitian President Petion would give Gen. Simon Bolivar military and political support, while converting him to the idea of ending slavery as a key part of the Revolution against Spain.

These are some of the Key concepts. For purchase go online to - AFRICA WORLD PRESS.





6

To improve the quality of life of those who recognize themselves and choose to be recognized by others as "Indigenous Peoples of Color of the Americas" and in support of The American Indian Rights and Resources Organization (AIRRO).

#### Kamala Harris: Adulthood and Career Accomplishments Pre-White House

Part Two of a Three-Part Series Exploring the Democratic Presidential Nominee's Life by Windy Goodloe

Kamala Harris's career trajectory has been interesting to research. Her ambitions have helped her serve people in need. Since she began her career as a prosecutor, she has championed the disenfranchised. Let's take a look at her pre-White House career.

Harris became an Alameda County deputy district attorney in 1990. Then, she was appointed to California's Unemployment Insurance Appeals Board by her then-boyfriend Speaker of the California Assembly Willie Brown in 1994. Later, she was appointed to the California Medical Assistance Commission. Terence Hallinan, who was San Francisco's district attorney, recruited Harris. She became an assistant district attorney in February 1998.

She went on to become the chief of the Career Criminal Division. While in this position, she supervised five other attorneys and prosecuted homicide, burglary, robbery, and sexual assault cases. Harris began working for city attorney Louise Renne at San Franciso's City Hall in August 2000. While in this role, she

## Joseph Hill's Zoom Presentation Ahead of SISCA's 2024 Seminole Days Celebration

by Windy Goodloe, secretary, Seminole Indian Scouts Cemetery Association

On Wednesday, September 18, veteran journalist Joseph Hill headlined the Seminole Indian Scouts Cemetery Association's (SISCA) monthly Zoom presentation. While he primarily discussed his award-winning documentary Black Border Warriors: The Seminole Negro Indian Scouts, he also discussed how he became interested in bringing the history of the Black Seminoles to the screen.

Mr. Hill shared a rather serendipitous story with the audience about how he first learned about the Black Seminoles. After learning our history, he set on a path to bring our story to a wider audience. Mr. Hill wrote, researched, and produced his documentary. He traveled to Brackettville and the surrounding areas several times in order to interview Seminole Negro Indian Scouts descendants and in order to explore where they once lived. The end result is a documentary that is thought-provoking,

Seminole Indian Scouts Cemetery Association

MONTHLY ZOOM

LECTURE PRESENTATION

Wednesday, September 18

at 7:00 PM CST/8:00 PM EST

Speaker:
JOSEPH HILL

Veteran Journalist and Founder of Pothos Productions LLO

Writer, Narrator, and Producer of

Black Border Warriors: The Seminole Negro Indian Scouts

NINTH 2024
PRESENTATION

The Zoom link will be emailed to
everyone on our email list. It will also be
posted on our Facebook page. If you
would like it to be emailed directly to
you, please contact us.

seminolecemeteryassoc@gmail.com
www.seminolecemeteryassoc@gmail.com

educational, and deeply poignant.

During his Zoom session, Mr. Hill encouraged the attendees to continue reading and researching. He also pointed out the mentor/mentee relationship that

he proudly shares with Mr. Bennie McRae, who is a renowned and revered historian of African American military history. Mr. Hill is currently working on a documentary about the United States Colored Troops, and Mr. McRae is proving to be a fountain of knowledge.

This Zoom served as a preliminary event for our upcoming Seminole Days celebration. As I write this, I am full of anticipation for our first event, which is our annual hike at Seminole Canyon. This first event, in my humble opinion, sets the tone for the rest of the weekend. While we have many modern-day conveniences that make the hike quite easy, it is still deeply moving to be able walk the same area that many of my forefathers walked while traversing this beautifully desolate and bare terrain.

The rest of Seminole Days will be filled with great presentations, food, and family and friends. Every year, I know that it will feel like time is flying by, so I plan on being present and soaking up each moment. This annual gathering is a study in resilience. Against seemingly unbelievable odds, we, the Black Seminoles, are still here. And we are proud of who we are; therefore, we celebrate.

represented child abuse and neglect cases and ran the Family and Children's Services Division.

Two years later, Harris threw her hat in the ring, hoping to become San Francisco's district attorney. Harris would go on to win this election by 56%. This win made her the first

person of color elected to this office. In 2007, she ran again. This time, she ran unopposed. During her campaign, she pledged to never seek the death penalty. While in office, she created a Hate Crimes Unit, which focused on hate crimes against LGBT adolescents in school. And she supported A.B. 1160, the Gwen Araujo Justice for Victims Act. She also created the San Franciso Reentry Division in 2004. Over six years, 200 people graduated from the program and had a recidivism rate of less than 10% (Wikipedia). In 2005, she created an



Photo: whitehouse.gov

environmental crimes unit. Harris led a citywide

Harris led a citywide effort to combat San Franciso's high truancy in 2006. By April 2009, 1,330 elementary school students were habitual or chronic truants. This was down 23% from 1,730 in 2008 and from 2,517 in 2007 and 2,856 in 2006 (Wikipedia). Harris defeated Republican Los

Angeles County district attorney Steve Cooley. When she was sworn in on January 3, 2011, she became the first woman, African America, and South Asian American to hold the office. And in 2014, she was reelected.

Harris received a Doctor of Laws from the University of Southern California. She also received a Doctor of Human Letters from her alma mater, Howard University, where she delivered the commencement address.

When Senator Barbara Boxer announced that she would not be seeking

reelection after more than 20 years in the position on January 13, 2015, Harris announced that she would be running for Boxer's position that next week. However, after Donald Trump was elected president in 2016, Harris vowed to protect immigrants from his administration's policies; therefore, she remained the attorney general until the end of 2016. Harris would go on to become the second Black woman and the first South Asian American senator.

In January 2018, she was appointed to the Senate Judiciary Committee after Al Franken resigned.

Just one year later, on January 27, 2019, Harris announced that she was seeking the Democratic nomination for president. By December 2019, Harris suspended her campaign. She stated that a shortage of funds was the reason. In March of 2020, she endorsed Joe Biden for president. On August 11, 2020, Biden announced that he had chosen Harris to be his vice president.

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#### Registration is Now Open for the NCAI 81st Annual Convention & Marketplace

The National Congress of American Indians (NCAI) is excited to announce that registration is now open for the 81st Annual Convention & Marketplace, which will take place from October 27 to November 1, 2024, at the MGM Grand Las Vegas in Nevada. This event is a critical gathering for tribal leaders, NCAI members, Native youth, and allies from across Indian Country as we unite to amplify our voices and shape the future

ahead of the 2024 presidential election.
Join us in Las Vegas for collaborative workshops, strategic discussions, and advocacy efforts focused on strengthening nation-to-nation relationships. The convention will also feature the NCAI Marketplace, showcasing booths from Native artists, federal job recruiters, and more. Don't miss this opportunity to connect and contribute to the ongoing mission of NCAI.

#### Journalist Network ... from Springfield

Well now; that truly, really, actually happened. During a live debate between two people in a contest to become the next leader of the free world... our dear little Springfield, Ohio, was thrust onto the national stage for reasons I do not imagine many of us are happy about. As a result, people all over America are wondering if the native populations of Springfield are fearfully taking shifts on

the night-watch to make sure the beloved cats and dogs in the neighborhood do not end up on a dinner plate. And people all over the planet are wondering if the United States of America might benefit from a wellness check.

"Hello America, we peoples of the world... feel like you might be going through something. Is America alright?"

#### San Diego's Oldest Writers' Organization Presents Odin Awards At Its 45th Anniversary Celebration

The San Diego Writers and Editors Guild (Guild) will celebrate its 45th anniversary with a gala event on Monday, September 23, 2024, from 5:00 to 8:30 p.m. at the Admiral Baker Club in San Diego.

The event will feature presentations of the Guild's prestigious Odin Award to four local authors: Matt Coyle, author of the Rick Cahil crime novels; Jonathan Maberry, New York Times best-seller and five-time Bram Stoker Award-winning author; and SDSU professors emeriti Philip Pryde and Bob Riffenburgh for their contributions to science, literary fiction, and non-fiction.

The Odin Awards are periodically presented by the Guild in recognition of local authors' bodies of work.

Instituted by Dr. Carl Nelson, past Guild President, Odin Awards have thus far been awarded to over 20 local authors, among them Chet Cunningham, Susan Vreeland, Steve Breen, T. Jefferson Parker, and Alan Russell. A complete list of previous Odin Award recipients is on our website.

For four decades, the Guild has served as a San Diego organization dedicated to the advancement of writing and those who pursue it. The Guild has a current membership of over 200 published and aspiring authors.

The Guild hosts monthly meetings featuring speakers of interest to the writing community. It also maintains an active website, publishes an annual anthology of members' works, manages a Manuscript Critique Program, and presents workshops on a variety of writing topics.

The 45th Anniversary Gala Event is open to the press and to anyone with an interest in the San Diego writing community. To join with our gala, please visit the Guild's website at sdweg.org/event-5793668 for ticket information.

#### **Indigenous Justice**

Continued from page 2

dogs. It is a heavy history to truly hold — a weight our public and our government has never lifted.

In 2005, a man on Oklahoma's death row appealed his conviction arguing the state didn't have jurisdiction to execute him because he was Native and the murder happened on the Muscogee reservation. Oklahoma argued that reservation no longer existed.

When the U.S. military rounded Muscogee people up at gunpoint and forced them into exile halfway across the continent, Andrew Jackson promised their new home would remain theirs for "as long as the grass grows or the water runs, in peace and plenty." That promise was not kept. In violation of their treaties, Oklahoma was created on top of Muscogee land. Since it became a state, Oklahoma acted as if all reservations within its borders were abolished. For over a century, the Muscogee reservation was denied. And while that might sound like a reservation no longer exists, that's not what the law says. The case would ultimately go all the way to the Supreme Court. Although the case was about the Muscogee reservation, I knew whatever the outcome, it would likely determine the reservation status of my tribe too.

On July 9, 2020, the Supreme Court made its decision in McGirt v Oklahoma. "On the far end of the Trail of Tears was a promise," the opinion began. "Forced to leave their ancestral lands in Georgia and Alabama, the Creek

Nation received assurances that their new lands in the West would be secure forever. ... Today, we are asked whether the land these treaties promised remains an Indian reservation for the purposes of federal criminal law. Because Congress has not said otherwise, we hold the

government to its word."

After it was denied for over a century, the court ruled Muscogee Nation still had a reservation. Subsequently, eight other reservations in Oklahoma were upheld, including my own Cherokee Nation. Taken together, our reservations cover 19 million acres — about half of the land in Oklahoma and most of the city of Tulsa. It is an area larger than West Virginia and nine other U.S. states. The McGirt decision resulted in the largest restoration of Indigenous land in US history.

The historic status of the McGirt decision is ironic when you understand what happened legally. The Supreme Court didn't overturn anything, strike anything down, or change its own precedent. All the court did was follow the law. But still, that was radical.

When it comes to tribal sovereignty, the U.S. government is spineless. Most often when states or non-Native people want something that belongs to a tribe — whether it's gold, oil, land, or power — they get it. Even when the law clearly protects the tribe. Sometimes our government simply looked the other way. Other times settlers wanted so much that our government remade the law to fit their demands. Greed — not justice — has governed more of our history than we are willing to admit.

Indigenous nations have been governing ourselves since before this country was founded — since before it was even an idea. As the United States was built around us, we shaped it. Since the founding, tribal leaders, Indigenous intellectuals, Native diplomats, warriors, lawyers, and advocates carved out a space in American law through which our inherent sovereignty was recognized. Over the generations, we continue to leverage the legal foothold our ancestors created.

Federal Indian law today is not all good or all bad — rather it is the totality of our

history. Embedded in American law are the victories and defeats of our ancestors, and the unimaginable compromises they were forced to make. The legal terrain with which we are left is tricky: The protections Indigenous nations have under U.S. law are not enough, yet we have to constantly fight for those protections to remain and be followed. We demand the U.S. government fulfill its legal obligations to us, knowing it often will not. Native nations don't have a constitutional amendment or Supreme Court decision that ended our legal subordination. What we are left with is a government that still contains both impulses: The impulse to uphold the inherent and legally recognized sovereignty of Indigenous nations. And the impulse to railroad tribes because it can

The lesson of McGirt is not that when the law is on our side and we fight hard, justice prevails. The lesson is that although justice for Indigenous nations is rare, in our democracy, it is possible.

In our self-conception, America is a beacon of democracy for the rest of the world. Even when our founding sins are recognized, we like to believe things have gotten better. The story we tell ourselves is one of progress. In reality, our government committed genocide. It has never reformed itself or changed its laws to prevent such atrocities from happening again.

So now, when our government wants to ban Muslims from entering our country, suspend the international rules of war to fight terror, detain enemy combatants indefinitely, put migrants in detention camp s, and separate families at the border, it uses principles of federal Indian law to do so. As scholar Maggie Blackhawk has pointed out, the legal doctrines the U.S. created to take Indigenous land still govern how the U.S. treats those living at the margins of our

empire. Native history is often treated like a tragic, distant chapter of the American story, and the legal terrain it created like a siloed backwater of American law. But it is foundational.

The Founding Fathers wanted a democracy that, unlike the king of England, would derive its power from "the consent of the governed." But they also wanted an empire. And so they built both: a democracy that at its center gave every citizen a voice and a vote, and an empire that, as it constantly expanded, controlled the lives and the lands of people who had no say. While over the centuries who was included in that center of democracy changed, the edge of empire never went away. From Indigenous nations, to Guam and Puerto Rico, to migrants detained at our border, there have always been people who lived under the raw power of our government but without the liberties and privileges of our Constitution. Our inheritance as American citizens is a democracy that is often wildly antidemocratic — a government that rules by both consent and by conquest.

When I left the cornfield, I drove north. The side of the road was punctuated with signs letting me know it had once been a route on the Trail of Tears. The small town a few miles north of the internment camp was the army's base of operations. I got out there and walked a small circle of residential blocks.

One of the streets was named after the secretary of war who oversaw the deportation, another after the army general in charge. For a moment, I watched a family decorate their home for Christmas. They pulled green garlands and red and silver balls out of plastic bins. I felt overwhelmed by the weight of it all. And so alone in that feeling.

#### **Mark Your Calendars for the** 3rd Annual Taste of Africa!

Join us at the WorldBeat Cultural Center in San Diego on Saturday, October 12th from 1 PM to 7 PM for the 3rd Annual Taste of Africa! This vibrant event celebrates the rich culture, flavors, and traditions of Africa with a lively evening filled with African food vendors, live music, dance performances, and cultural presentations.

Sample a variety of mouthwatering dishes from Nigeria to Ethiopia while enjoying an immersive cultural experience with performances by talented artists from the continent. This family-friendly event is open to all and offers a wonderful opportunity to explore and celebrate the beauty and diversity of African culture.

#### **Performing Artists:**

**The Wazumbians from Ghana**: A renowned Afro-fusion band blending African



rhythms with global influences, drawing inspiration from legends like Bob Marley, Salif Keita, and Fela Kuti. Their vibrant performances are sure to get everyone on their feet.

#### **Sene Africa** from Senegal: Featuring

Ihrahima Ba on guitar, brings heartfelt performances that will lift your spirit. Ibrahima's mesmerizina voice and

magical guitar work have made him a standout artist, performing alongside West African icons like Baaba Maal



Mama Charlotte from Tanzania: A multi-talented artist, poet, and musician, Mama Charlotte brings a captivating mix of

poetry and music, performing on traditional



African instruments like the nyatiti and kamalen ngoni. Her performances reflect decades of artistic expression and dedication to African traditions.

> In addition to these world-class performances, the event will feature African drum and dance, as well as local food and craft vendors. Food samples will be available 1:30-2:30pm and plates will be available for purchase throughout the day.

Join us from 1 PM to 7 PM at the WorldBeat Cultural Center (2100 Park Blvd, San Diego, CA) For more information and tickets visit worldbeatcenter.org. Don't miss this incredible celebration of African





## WORLDBEAT

## **WorldBeat Takes Over the Children's Hall at the Heirloom Expo!**

This year, we returned to the National Heirloom Expo's Children's Hall to share citizen

esources with families and educators thanks to the Cornell Lab of Ornithology and the Celebrate **Urban Birds** project. It's alwavs an honor to work with children in citizen science. We brought books, bird sounds,

and bird kits.

Additionally,

resources on

we shared

how to initiate a seed library, and students and families were enthusiastic about the possibilities for their communities. We even delved into the fascinating world of plant music and

showcased a passion fruit playing music. Everyone was amazed and

could noy believe what they were witnessing.

We were also thrilled to host our African Drum circle for families led by Dramane Kone! Families also

> thoroughly enjoyed the activities led by Farmer Dale and our Climate Action Fellow. Ali Anderson. These activities included creating seed mandalas, seed flower bombs, and making

seed packets. We're already eagerly looking forward to next year!

In addition Makeda teamed up once more with Mariko Davis, founder and owner of

Traditionally fall is the time of the harvest,

abundance and giving thanks. It is a busy

take advantage of all of the abundance

time to prepare for the coming winter and to

provided through the spring and summer by

berries and apples remind us of this special

time of year. The fall equinox is the moment

when the day & night are equal all over the

world! Pure magic. After the fall equinox this

year it falls on September 22, we begin to tip

As we approach this tipping point we may

natural inclination to slow down and a desire

to nest at home. This is a natural reaction as

into more darkness than light each day.

find ourselves craving a bit more sleep, a

the dark times of the year are when we

Traditions such as canning, and harvesting



attend and to the tech team at Baker Creek.

Life. Together

they spoke on

the magic and

moringa as well

intelligence and

communication

through plant

music. We are

so grateful to

evervone who

was able to

resilience of

as plant

plant

The National Heirloom Expo is a celebration of heirloom fruits, vegetables, flowers, and herbs – varieties that have been cultivated and passed down from family to family and generation to generation.

It's a fun way to raise awareness about issues of food sovereignty, access to good, healthy food, the benefits of gardening, and the need to preserve non-GMO, non-patented heirloom and open-pollinated varieties – the kinds of seeds that can be freely saved and grown year after year and shared with others.

Honoring this feeling within ourselves is a healthy response to seasonal changes.

Fall practices that I like to follow include, sleeping a bit more, leaving downtime in my schedule, cooking seasonal favorites, taking walks, noticing the plants & trees around me, counting my blessings and giving thanks.

To help you get into the vibe of autumn abundance try out a time honored herbal recipe like Fire Cider!

Fire Cider has become incredibly popular in the past few years. It is essentially an herbal oxymel which is a combination of vinegar and honey. This slightly tart, sweet and spicy tonic is wonderful taken in the fall as the weather shifts. The original recipe for Fire Cider was first popularized by the renowned herbalist Rosemary Gladstar in the 1970s. A daily shot or spoonful will provide a boost of vitality. You can also use as you would any vinegar in salad dressings or when cooking.

> the herbs and sweeten it with honey to taste. Plan on adding about 25-50% honey to the measured amount of strained vinegar. You may want to gently warm the vinegar to allow the honey to infuse.

- How to use: Take 1-2 tablespoons daily as a fall tonic to support wellness.



and presentations, a community seed exchange, 2 halls of

WorldBeat) and a barn animals room for kids. See you next year at the Ventura County

exhibitors and

market, food

vendors, live

music, children's

hall (hosted by

vendors, a farmers

Fairgrounds! For more details visit rareseeds.com

#### Preserving Our Heritage through Collard Stewardship and Research

by Makeda Cheatom

The Heirloom Collard Green project will be a diverse collection of collard green varieties. This Fall will be regenerating these varieties so the community can enjoy them. These varieties will be rare heirloom seeds. The intention is to regenerate these collard seeds and share the seeds

across San Diego. The core collection of collard green forms the basis of WorldBeat Center's new collaboration with heirloom collard green seed savers. The purpose is to educate, promote, and save these collards.

Beyond commercial collards there is substantial variation among heirloom collards that have been grown and perpetuated by numerous farmers and gardeners in the Southern states. These collards are often classified or labeled by

the seed savers who maintain them with names that describe their general type.

want to steward one of these heirloom varieties, please get in touch with our Ethnobotany Sanctuary Garden by messaging us on Instagram @worldbeatethnobotanygarden or call us at 619-230-1190. We will be growing heading collards, tree collards, colored collards, cabbage collards, and curly collards.

If you want to be a seed saver and

## Herbal Kitchen Wisdom for Autumn

Celebrating autumn & welcoming herbal traditions into our lives.

by Cindy Saylor

In our busy modern lives, we often forget to honor the changing of the seasons. In Southern California, it can feel like our weather patterns don't vary too much...But if you take a moment to pause and fall is the perfect time to do so, you can feel a shift inside yourself and in the world around you. The days are getting shorter, the nights a bit longer, the beautiful sunsets come sooner, you feel a change within the earth and vourself

Herbs help us explore the seasons and cooking can remind us to honor these natural cycles.

Fire Cider Recipe:

To prepare a 1 quart batch: /4 cup freshly grated ginger 4 cup freshly grated horseradish Small onion - chopped 1 head of garlic, peeled and chopped -4 peppers (add according to your taste) Lemon or orange chopped

Choose 2-4 herbs to add. Popular choices

include Oregano, Rosemary, Sage, Thyme, Chives Turmeric Burdock Root Dandelion Root, Elderberries, and Calendula Flowers.

restore, rest and renew.

the natural world.

onions, garlic, and peppers remember to keep your hands away from your face, especially your eyes and nose. If you have sensitive skin you may want to wear gloves.

When working with ginger, horseradish,

Add the chopped items to a quart jar. - After you have added your herbs pour in enough Apple Cider Vinegar to cover. leaving 1-2 inches at the top. If you have a metal lid, cover the top with waxed paper

or parchment paper and then place the metal over the paper. Seal tightly. Let sit for 4 weeks in a cool dark place. Shake once a day.

Beat Center and Strain the vinegar from

Cindy Saylor, Herbalist at World evervdavplantmagic.com

#### The Original Supernatural Millet Burger

by Twintastic Treats

Welcome to the world of TWINTASTIC TREATS. Join us on an unforgettable journey of tastes, textures, colors and aromas as we celebrate millet, an ancient African grain. We're excited to share with you our award winning, internationally acclaimed original Millet

Cooking Time 25 minutes Preheat oven to 300 degrees Ingredients

1 cup Millet\* ¼ cup parsley ½ cup grated carrots

¼ cup diced onions ¼ cup vegetable oil 1/4 cup Braggs liquid aminos or tamari



¼ cup dried herbs of choice 4 cup garbanzo flour 1/4 cup oats

> Cook millet (see cooking instructions below) and let it

With oiled hands, crumble the millet. Mix in the vegetables, oil, Braggs, and herbs. Add the flour and oats, squeezing with your hands to make a stiff mix. Divide the mixture into 6 balls and form

Arrange the burgers on an oiled baking pan and bake until they are a golden color and form a light crust.

\*Instructions for cooking millet: put 1 cup of millet in a heavy saucepan with 2 cups of water and 1 teaspoon of oil. Bring to a boil and cover with a tight fitting lid and reduce heat. Allow the millet to simmer slowly until the water evaporates. The millet will separate and fluff up. Add a little more water if the millet still looks grainy. Each grain must open, losing its beady appearance. When cooked properly millet will be light and fluffy. Let it cool before using in the burger recipe. Serving Suggestions: Serve on sliced

bread or bun topped with your choice of vegan mayo, mustard, catsup, pickles, lettuce, sprouts, tomatoes, raw or grilled

Variations: 1) Shape the mixture into balls. Bake and serve in pita bread with your choice of toppings. 2) Put the mixture n a loaf pan and bake until browned. Cover with tomato gravy and bake 10 more minutes. Serve with your choice of veggies, mashed potatoes and a green







#### The Man With The Onyx Ring

My father was a complicated man. He had a different face for every situation, few if anybody ever saw them all. He is responsible for my introduction to the world of grit. so much of him remains a mystery, including the only ring he ever wore.

All my life pops wore a gold ring with a square cut deeply black onyx in the center. It intrigued me. What was it, what did it mean? Why did the man who knew well the world of gems choose that one?

The easy answer was he was a Leo. While each month has a birthstone, so does each zodiac sign. Leo is designated as onyx, specifically black onyx.

When I was researching this special stone I found it had an interesting and polarizing history. In the east where it was mined black onyx was considered bad luck ; bringing  $\dot{m}$  isfortune to anybody who touched it. However, the Roman's who revered its, refuted such claims and wore onyx jewelry with highest regard for its beauty. Many cultures seemed to agree with the Chinese traders that the stone could bring deep depression and suppression of emotions. But rather than avoiding the unlucky stone many embraced these properties.

Onyx in the right hands was the stone of leaders. It helped the wearer to repress pesky emotions and weakening sexual impulses in favor of mental clarity and logic. It was the stone of philosophers and alchemists, gaining popularity very quickly.

In some African countries, onyx acted as ward, protecting the dead on their journey to the underworld. It became a protective symbols for powerful people, for soldiers going to war, and the families they left behind.

A complex stone for a complex man. As a profoundly philosophical being, who preached logic and reason over anything else, the stone fit well. He argued principal all the day long and chose response over reaction. The other side of him was deeply traditional; understanding there was some underlying current running through existence we couldn't quite grasp. Thus one needed to leave room for the mystical and magical. That onyx ring with the simple gold band was probably his choice because of its simplicity and connection to his birth, and yet even on the deepest levels fit him like a glove.

#### **Honor Cotton Pickers**

Continued from page 1

preservation. This trail will feature interpretive exhibits, including shotgun house replicas for each of the 18 Delta counties. So far, Washington, Bolivar, and Sunflower counties have passed resolutions supporting the project, and efforts are underway to gain more backing. While financial support has not yet been solicited, several state senators and representatives have endorsed the initiative.

Former Mound Bayou Mayors Darryl Johnson and Eulah Peterson are optimistic about the potential of this project to become a major tourist attraction, alongside the B.B. King Museum in Indianola and the Grammy Museum in Cleveland, MS. "This project will boost our local economy and tourism," Johnson said. "It will showcase the Delta's rich

history and draw visitors from across the country." Peterson echoed this sentiment, highlighting the opportunity to partner with other museums and create a network of cultural landmarks throughout the

The proposed 20-acre site in the Delta will also include personalized bricks with the names of Delta families. Delta residents shall be given priority for the inscriptions location.

Johnson, whose family owned one of Mound Bayou's original cotton gins, emphasized the importance of the town's cotton legacy. "In the early 1900s, Mound Bayou was the leading cotton producer in the world. Our cotton was recognized globally, and the town's agricultural success played a key role in that."

For more information, please visit the Khafre, Inc. website at www.COTTONPICKERS.US.

#### Cherokee Journey Legacy

by Judith Meeks

Osiyo (Cherokee for hello)! My parents are Nathaniel and Corrine Willingham. They were Black Indian pioneers of La Jolla, California, back in the early 50s. They

moved to California while my dad was in the military.

My mom enrolled at San Diego College, with plans to pursue education. After she finished her degree, she became an elementary school teacher at La Jolla Elementary. She also sometimes worked as a substitute teacher.

When she came to the school as a substitute teacher, the black children at the school were happy and proud to see her. La Jolla was a hub for black families. When



my dad's enlistment was over, he remained in the community and became a government employee.

My family lived at 7463 Draper Ave. While living in La Jolla, my parents had five children. I was the second child out of

My parents were members of the satellite club and other organizations such as Alpha Phi Kappa Alpha Psi and the Black Masons.

Our family remained in La Jolla up to 1959. I'm glad to be a descendant of Cherokee Nation Black Indian pioneers of La Jolla, California.



doing business or attempting to do business with SANDAG and other public agencies or private entities in the SANDAG market area.



For questions or other contact, feel free to reach out to:





## ~ On the Town with Camille ~

#### 2nd Annual Sabor del Barrio - All for Logan

The multicultural community of Barrio Logan was filled with traditional and nuevo tastes during the second annual Sabor del Barrio.

The event, which took place on Saturday, September 8, included trolley rides to over seven stations in different areas of the community. The rides started at the Northgate Market and extended near the Athenaeum and Chicano Park. There was everything from



carnitas, queso birria, and seafood to lumpia, tangerine ice with tajin, samples of homemade jicama beer, smoked turkey and collard green tacos, churros, burgers, risotto, and tacos. The community welcomed the tasters with open arms, and the hot day was filled with treats and beautiful surroundings. Checkout All for Logan's next events at barriologanassociation.org, allforlogan.com or allforlogan on Instagram.

## **State of Homeless - San Diego Miramar College**

On September 4, 2024, a panel was assembled at Miramar College, located at 10440 Black Mountain Road, to discuss ways to help the homeless. The panel



included Executive Pastor and Homeless Outreach Director of the Church of Salvation Shane O'Garro. The pastor led the discussion about housing and mental health. He was accompanied by the County Supervisor of District 3 Terra Lawson Reemer, City Council Member Kent Lee, event facilitator Raja Deva, and Mira Mesa City Council President Bari Vaz. The team discussed society's responsibility to prevent homelessness and treat mental healthcare issues. Kent discussed "safety and homelessness" while Terra addressed "blueprints for affordable housing constructions for seniors and the homeless." The homeless population

includes but is not limited to US veterans, the elderly, the unemployed or underemployed, and the disabled. The panel's goal was to create a real vision of security for the Lord's children. The discussion included various community members who want to end homelessness. If you are interested in helping with this issue, contact thechurchofsalvation.org

#### Day of Dignity at Lemon Grove Trolley Promenade -September 1, 2024

The Engage Church of Lemon Grove held its annual Day of Dignity for the homeless and underserved in the community. The morning event started

out with music and a prayer from Pastor Bryan and his congregation. The Engage Church brought in portable showers, toiletries and clothing and



shoes for the participants. The Church provided a healthy spread of grilled meats and fresh fruit, and there was even a cosmetology station that provided grooming and hairstyling. The clothing and shoes provided were also ready to wear for travel and employment. The people that volunteered were filled with the desire to serve and care for the Lord's children. Their goal was to prepare them for overcoming adversity. There was even a mental health care station with lavender sachets and other stress relieving activities. The event was truly a blessing for the community and was completed with the inspiration and heart of Mayor Vasquez of Lemon Grove, who strives to care for the people in the community who are in need. Check out The Engage Church of Lemon Grove at engagesd.cc

## Teach Me To Pray at the Legacy Center 2024

From August 22-24, 2024, the Legacy Center of Mission Valley hosted the Teach Us To Pray conference where the days and nights were filled with praise. We were



graced with Pastor Miles McPherson of the Rock, Dr. Larry Lea, Pastor Sarah Morgan, Morris and Theresa Cerullo's granddaughter Becky Cerullo Henderson, Pastor Al Valdez, Apostle Nathaniel Leon and Pastor Mathew K. Thompson. The event included powerful prayers and declarations for the Lord's children. During the event, the marketplace was available for shopping, and the replica of Israel's Western Wall was available for intense prayer requests for the visitors. The event also awarded the daughter of Morris and Theresa Cerullo, Susan Peterson, for her dedication to the Center and its mission. Susan was accompanied by Spring Huemme, Evangelists Greg and Jeri Mauro and others. For more information, please visit legacyresortandspa.com

#### Red Warriors at the Kumeyaay Market



On Sunday, August 18, our very own Red Warriors presented a drum circle at the historic Old Town Kumeyaay Market. The celebrated drum circle illuminated the Kumeyaay Market with meaningful drumming and artistry. The Red Warriors always show up with healing and beautiful sage for the audience. Please look for us at the next powwow in your area at indigenousnetwork.org

## Claudia Villela at the Anthenaeum

On August 17, the Bread and Salt Gallery, also known as Barrio Athenaeum,



presented the lovely Claudia Villela and Romero Lobamba of Brazil. The melodious jazz filled the theater, transporting us to sunsets on the Latin American

beaches. The music was deeply soulful and relaxing, and Claudia's voice was both soothing and powerful. It was a great treat! Please check out the next performances at anthenaeum.org



#### CIVICS 101

The three branches of the United States federal government are the legislative, executive, and judicial branches:

#### • LEGISLATIVE BRANCH

Makes laws, and is also known as Congress. Congress is made up of two parts: the Senate and the House of Representatives.

#### • EXECUTIVE BRANCH

Enforces laws, and is led by the President. The President also nominates heads of federal agencies.

• JUDICIAL BRANCH

Interprets laws, and includes the Supreme Court and other federal courts. The Supreme Court is the highest court in the country, and its justices are nominated by the President and confirmed by the Senate.

The U.S. Constitution establishes these three branches as separate but equal, with each branch having its own powers and responsibilities. This system of "checks and balances" ensures that no one branch has too much power, and that the balance of power in the government remains



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Muramid Arts and Cultural Center Art Miles Mural Project 760 500 7737 www.artmiles.org



#### Nevada State AFL-CIO Announces Final Endorsements for 2024 General Election

Las Vegas, NV - Today. the Nevada State AFL-CIO Executive Board finalized the general election endorsements for the 2024 general election.

"We as a body feel that these candidates will best serve and protect the rights of our hard-working union members. Beginning this month, we will unite our membership, volunteers, and release staff and utilize the resources we have in order to ensure the candidates are elected to office," said Executive Secretary-Treasurer Susie Martinez. "Our member-to member campaign program brings hundreds of people from





Catherine Cortez Masto

different unions who dedicate their time

2024 GENERAL ELECTION ENDORSEMENTS

and resources to electing pro-labor candidates who will fight for Nevada's working families. From now until election night, we will spend countless of hours walking, phone banking, texting, doing everything we can to get our members out to vote."

For the first time in the Nevada State AFL-CIO's history, we have taken a stance on the ballot measure for abortion supporting a woman's right to choose, in addition to opposing the ballot measure requiring Voter IDs at the polls.

We thank President Biden for being the most pro-labor President, being the first sitting President in modem history to

walk a picket line with our brothers and sisters from the United Auto Workers union last year. With the passing of the baton, our members are thrilled to back Vice President Kamala Harris and have shown a tremendous amount of excitement to elect her into the White House.

Please visit the Nevada State AFL-CIO websiteto view a list of endorsed candidates.

Last month, the AFL-CIO unanimously decided to endorse Kamala Harris for President of tbc United States. You can view the press release from the AFL-CIO website: https://www.nvaflcio.org/.

August 25, 2024 at the Flamingo Hotel in Las Vegas was the Nevada State AFL-CIO's 68th Convention. Thank you to our locals who attended, Local 9413, IUE 89119 & NCNC Chair. Thank you to Senator Jacky Rosen for her continued support of Labor.

INDIAN VOICES does not directly or indirectly participate or intervene in, any political campaign on behalf of (or in opposition to) any proposal or candidate for elective public office.

## Evelyn Pacheco Made History As Nevada's First Black Female To Be Licensed As A Plumber, Army Veteran, Mother, And Grand Mother

While working at
Fitzgerald Casino in the
Engineering Department
a co-worker told me
about a Union
Apprenticeship Training
Program with the
Plumbers, Pipefitters &
HVAC UA Local Union
525. I applied and after
five years of working as
an Apprentice while
taking care of my family. I

made history as Nevada's first licensed Black female plumber. Letting Women know that it does not matter how hard your life is or was, you can still make

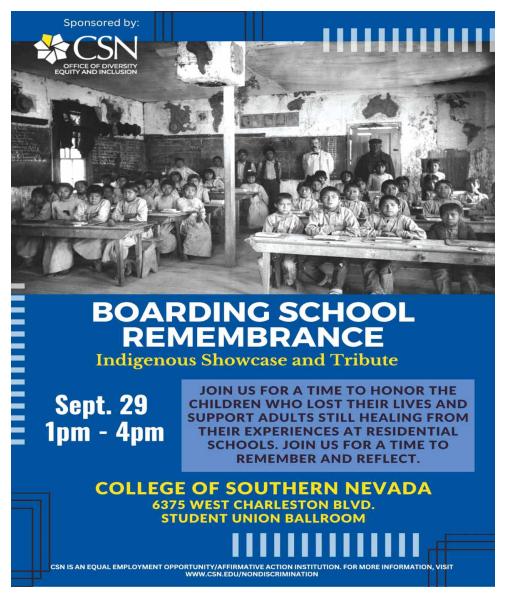


something of your life. I leveraged my experience to help all Women through "Nevada Women In Trades", a non-profit organization formed specifically to increase the number of Women in trades.

Nevada Women In Trades (NVWIT) has created a pipeline for Women seeking a career in the blue-collar trades. Our Pipeline Comprehensive

Course (PCC) is paving the way for Women to secure apprenticeships, on-the-job training, and job professionals

SEE Evelyn Pacheco, page 13





**Ø** SENDOUTCARDS

#### **Evelyn Pacheco**

Continued from page 12

in the trades. Pipeline Comprehensive Course (PCC) offers a way for Women to enhance skills and ability to perform on apprenticeship exams. Pipeline program is one way of assuring women an equal opportunity to perform well on the trades exams and interviews that have historically been male dominated. Currently, NVWIT Pipeline Comprehensive Course (PCC) is the only job training program for Women who have the desire to enter a trade apprenticeship, need additional training and preparation opportunities prior to completing a trade apprenticeship application. The NVWIT Team prepares Women who have completed it's 190+ hour NVWIT (PCC) with math, science, safety readiness, sexual harassment class, field trips to trade facilities, and test taking skills required to assist with passing trade apprenticeship exams and give them a competitive edge in securing a seat in a coveted trade apprenticeship of their choice.

January 28,2020 marked the first-ever graduation ceremony for Nevada Women In Trades. NLV Council Woman Pamela Goynes-Brown was the keynote speaker and presented the graduates with their

certificates at the ceremony that was held at NLV City Hall. December 17,2020 marked the first online class and our 2nd Graduation with our keynote speaker Senator Scott Hammond. We have had our 3rd, 4th, and 6th graduation at the Clark County building on April 1st and September 2nd of 2021, September 14th of 2022 and our keynote speaker was Clark County Commissioner William McCurdy

On September 10th-11th 2021, we had our 1st National Alliance of Women In Trades Summit at the Mirage in Las Vegas and our 2nd National Alliance of Women In Trades Summit at CSN Cheyenne campus on September 24, 2022. Even during the pandemic Nevada Women In Trades has helped the women in the community to get into the blue-collar workforce and wealth building. NVWIT Pipeline Comprehensive Program (PCC) initiatives increase career opportunities in the construction industry for Low-Income, Re-Entry, Ex-Prisoners, Veterans, Minority group, Aging out and Disenfranchised Women.

Evelyn Pacheco, President and Army Veteran Nevada Women In Trades 3540 W Sahara Ave Suite 417 Las Vegas, NV 89118 • 702.801.6591

Hello, As-Salaam Alaykum, Hola, Aloha, Talofa,

Nǐ Hao, Nnyeonghaseyo, привіт, Сіао

6-week Online Pipeline Comprehensive Course (PCC)

will start October 21, 2024

Attention all Nevada Women In Trades (NVWIT) Applicants. We are accepting applications for

our Fall Pipeline Course with a \$50 nonrefundable donation.

It is imperative we inform you that seating is limited. Only 15 applicants will be carefully

screened and selected for our Pipeline Program

Please email: with your first and last name to confirm what date you will be filling out your

application or you will be put on an overflow list.

This is a Mandatory 6-week online program, Monday through Friday from 9am-1pm,

and 3 Saturdays. If you cannot commit to this 6-week online program,

then this is not for you at this time and do not waste our valued time.

Application Interview: 10/1/24-10/3/24 from 3:30pm-5:30pm (please be at the location by 430pm),

Location: Historic Westside School, 330 W Washington Ave, Las Vegas, NV 89106

(entrance is behind the school).

10/7/24-10/10/24 from 3:30pm-5:30pm (please be at the location by 430pm), Location: Clark County Government Office, 500 S Grand Central Pkwy, Las Vegas, Nv 89155,

ODC Training Room 3.

Go to https://nevadawit.org/ to find information of all the requirements that you need to

bring to the application process.

This is a CAREER not a JOB

#### **CATHERINE'S CORNER**



Cortez Masto Visits Eureka, White Pine, and Lincoln Counties, Highlights Small Business Growth and Outdoor Recreation in Rural Nevada

Caliente, Nev. - U.S. Senator Catherine Cortez Masto (D-Nev.) visited Eureka, White Pine, and Lincoln Counties this week to highlight the growth of local small

businesses and outdoor recreation in rural Nevada. During her visit, she met with local entrepreneurs, community leaders, educators, and stakeholders to discuss her work to support rural communities across Nevada.

"Small businesses are the backbone of

our communities, and I'm working to jumpstart American entrepreneurship and support small businesses in rural Nevada," said Senator Cortez Masto.

"From storefronts in Eureka to schools and festivals Ely and Caliente, I've seen how our local businesses and communities are growing, and I'll keep fighting to ensure working families in all corners of Nevada get the resources they

#### Mayor Carolyn Goodman Interview

by Melissa M. Gonzales

The Las Vegas team at Indian Voices interviewed Mayor Carolyn Goodman during her final term, which concluded a 13-year tenure. After giving the team a warm welcome, she invited them to take in the beautiful view overlooking the city of Las Vegas. This was bittersweet as the team took in the view Goodman gazed upon countless times while making executive decisions.

Goodman shared her deep thoughts as she fulfilled her commitment to the city. She also discussed her busy personal life. She lives in a home filled with over 40 years of memories. She will someday pass on sentimental, priceless heirlooms that hold deep significance to her kids and grandkids. "I'll think about it tomorrow," she said, quoting "Gone with the Wind."

She reminisced about growing up in New York. She also shared her parents' amazing story and her journey to Las Vegas. In 1964, she took the train across the country and recalled seeing rolling hills of sage as far as the eye could see. She spoke about the opening of Maryland Parkway, a major street east of the strip. She also shared stories with Kena Adams, a Las Vegas born and raised Native who bared witness to an underdeveloped Las Vegas, during the interview. While hearing her parents' voices warn her about relocating with Mr. Goodman to Las Vegas, NV, she expressed her tenacity to make a great life. This year, they will be celebrating their 62nd wedding anniversary. They've raised their children to be successful in their endeavors due to their passion for education. Goodman shares the same



L-R: Kena Adams, Mayor Goodman, Melissa Gonzales, Yvonne Hawk Verjan

described when she spoke of her mother.

While discussing the motivations behind her decisions as mayor, she emphasized the role of education in driving community change. She even briefly mentioned The Meadows, the school she founded.

Goodman expressed hope for Native American-owned casinos on the Strip in the future. She reminisced about the Paiute tribe's involvement in downtown Las Vegas and Moapa, NV, and briefly discussed grants supporting Native American arts and traditions

During the interview, elder Cheyenne Yvonne Hawk Verjan, who is a Tribal Coordinator, presented a token of appreciation to Goodman, along with a custom-made necklace. Goodman immediately took off her pearls to accept the gift. Cheyenne Melissa Gonzales placed this on Goodman, and Verjan expressed the symbolic meaning. Goodman was so deeply honored. She happily expressed her gratitude to the team. She also reminisced about her warm encounters with Kena Adams, a journalist in Moapa on the reservation.

The interview concluded with a warm thank you for her service to the City of Las Vegas and pictures with her cherished gift.

#### attributes of strengths and tenacity that she **Support Our Colleague** of our citizens have a seat at the work on her scooter (her preferred Warrior and an inspiration to all journalists table of influence work hard to keep mode of transport because of gas who carry the heart of the people within the people's voice in the forefront. prices) she was struck by a vehicle them. We are grateful to have Kena with us and our prayers are directed toward her

**NEVADA** 

**WOMEN** 

IN TRADES

## **Kena Adams on Her** Road to Recovery

**Alert Alert Alert!** 

**NEVADA** 

IN TRADES

The "Indian Voices" small but mighty family has been shaken and saddened. The grassroots network of community

journalists who bravely push to insure that all

Kena Adams is one of those strong advocates. As a hard working citizen, community member with strong community and family ties. She was on her way to her second job necessary to augment resources for house payments and living necessities for herself and her dependents. While on the way to



who ran a red light. The resulting crash was devastating, leaving Kena with life threatening injuries and a prognosis of months of recovery. She's had surgeries to repair internal damages, broken ribs, spleen removal, both hands and ankle broken. as well as other injuries. She is a true Spiritual

#### **Donate Here:**

https://www.gofundme.com/f/support-our-col league-kena-adams-on-her-road-to-recovery or www.indigenousnetwork.org & click on link there.

healing as she continues the good fight.

#### Thoughts On Delivering The American Dream To Indigenous Communities

This is a Brotherhood and Sisterhood project under Rev. Roosevelt Tarrelson.

I have spent my career trying to bring interfaith and racial harmony, My early 2000 effort with Interfaith Partners of South Carolina contained an Indigenous Tribal Leader next to Governor Haley. I have realized partnering with you and Indian Voices that your Marginalized Community must anchor my final efforts.

Roosevelt Tarelsson's US Departments of Agriculture, Commerce, and HUD must revolve around delivering the American Dream to the Indigenous Communities.

- 1. We must try to locate large tracts of property for Roosevelt applies for purchase near Indigenous nations. However, property given to the tribes by the US Government is largely unproductive by design.
- 2. On this acreage, conducive to agricultural development, must be a partnership with Tarelson's program and Tribal leaders. As is the program designed by Roosevelt outlines we hope to train marginalized communities, including

Indigenous communities in the following

- Work Force Development
- Education
- Arts and Culture, (including Indigenous culture)
  - Public Safety and Violence Prevention
- Public Health and Alcohol and Drug Prevention and Treatment
  - Community Bank/Credit Union
- Youth Recreation/Community

Development and Cultural Center

- Housing
- Agriculture to provide Food Security
- 3. Black, Brown, Red, and Yellow Communities must be given an opportunity to live the American Dream.
- 4. Roosevelt's Welfare to Work and his Agriculture Program will require development by a team chosen by Tribal Leadership to develop each location.
- 5. Next Step is a Zoom Meeting with interested Tribal Leaders to develop our strategy to present to the Departments of Agriculture, Commerce, and HUD prior to the end of the fiscal year- September 30,

#### The World's First All Electric Tugboat!

Let's jump aboard the world's first fully electric tugboat from Hai-Sea Marine to explore how this innovative vessel is revolutionising harbour operations and contributing to a cleaner, quieter marine environment.

From overcoming technical challenges to forging groundbreaking partnerships with Indigenous communities,

the potential impact of electric propulsion on the maritime industry is profound.

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Channel, British Columbia.

Why not come and join us at our next Everything Electric expo: https://everythingelectric.show

"No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."

- Nelson Mandela (1994)

#### **Gwendolyn Parada** Chairwoman

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#### **Sacred Fireplace**

Continued from page 3

healing spirit for us to use for our own

#### Our Indigenous Power is Real

What is real? For the Dine' people, we know our Dine' deities, language, land, ceremonies, songs, and protection prayers are real. We know our true tribal history is real. We know our four

clans running through our bloodline are real. We know our sacred mountains are real. We know the plant world, animal world, Mother Earth, and Father Sun are real. We know air, water, and fire are real and are our protectors and shield us from harm as Dine' people. There is no doubt about these realities, brothers and sisters. It is such blessing to know we have these real truths as Dine' people. Take pause and bless yourself. Every Indigenous person and tribe has these realities and blessings also. On a bigger picture, we know that Crazy Horse's prophecy is real and coming

#### Cartoon Time is now Prime Time

Why I am bringing up the universal goodness of the fireplace and what is real among our people and tribes now? At this time, as Indigenous people and tribes, I truly believe we need to separate insanity

Cartoons used to be on Saturday mornings. As the United States general election approaches, cartoon time is now prime time. We need to remind ourselves what Indigenous America is now and in the future. Contrast the current all smoke and no fire, as compared to, our eternal fire and Indigenous Truth as follows:

1. The main character in this sick cartoon, filled with hate and selfishness, calling our dear veterans, who gave their lives for America, "losers and suckers" and America "a joke" and "a third world country" compared to;

2. The truth and sanity of the lifelong Lakota prophet Crazy Horse. A Chief filled with love, humanity, and reverence. Praying in ceremony and calling upon the Great Spirit for a vision to save the people and Native America, his beloved homeland. Then, prophesizing that all Colors of Mankind would become One Circle unified under the Sacred Tree of

Keeping in mind Crazy Horse was the messenger, the prophecy from Creator to Chief Crazy Horse was as follows:

Upon suffering beyond suffering the Red Nation shall rise again and it shall be a blessing for a sick world. A world filled with broken promises, selfishness, and separations. A world longing for light again. I see a time of seven generations when all the Colors of Mankind will gather under the Sacred Tree of Life and the whole Earth will become One Circle again. In that day there will be those among the Lakota who will carry the knowledge and understanding of unity among all living things, and the young white ones will come to those of my people and ask for this wisdom. I salute the light within your

eyes where the whole universe dwells. For when you are at that center within you and I am that place within me, we shall be

My dear Uncle Mike gave his life in Viet Nam on June 6, 1968. He was my hero and certainly was not a" loser or sucker." America is not a "third world country." It is a glorious living spirit and our Mother as native people. America is really stolen land. In reality, America is forever Native America, always has been, always will be. We, as Native people, respect her as a Mother, not degrade her with non-sensical political rhetoric.

In 2024, please clear the fake smoke and separate insanity from reality. Turn off the sick cartoon and turn on real life. Degrading our veterans and insulting our Mother Native America only shows a lack of empathy and stupidity. Get back to reality and honor the real indigenous truth because the Colors of Mankind need to become One Circle and gather under the Sacred Tree of Life now more than ever. Although the great Chief died 147 years ago, humanity needs to update and apply the action words contained in this great prophecy - knowledge, understanding, unity, wisdom, and light now more than

Let's come together as a people for the sake of our children and grandchildren. With all due respect, that is why I am bringing up the universal goodness of the fireplace and what is real among our great Indigenous people now.

#### Conclusion

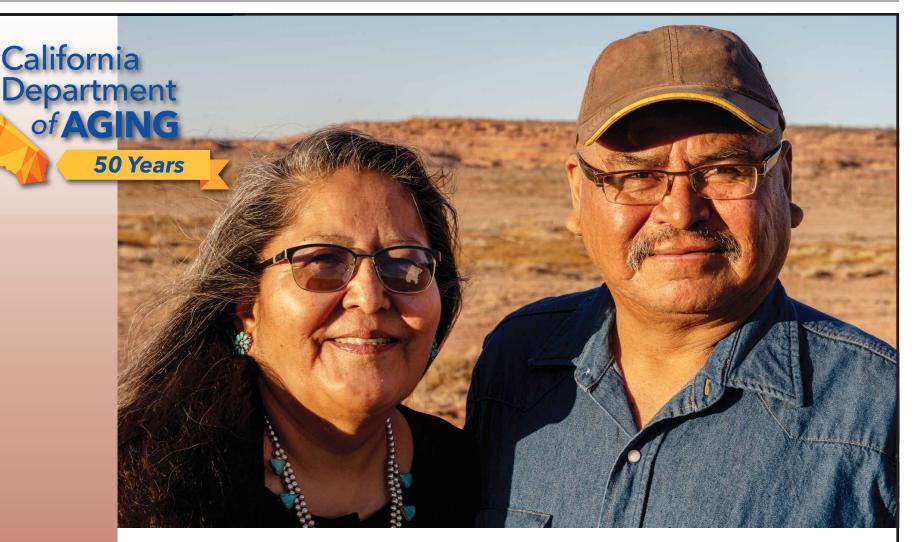
Fake smoke cannot rise above thousands of years of indigenous fire and truth. WE are our own Indigenous truth above and beyond politics. Real Indigenous truth versus fake smoke gives light in darkness. Hope in despair. Good in evil. Recognize the sacred fireplace is unique, has its own ceremonial ways, but is in each home, community, and tribe, and is the eternal light and power for us as Indigenous people.

When you want something good -healing, a degree, sobriety, a job, a companion, or God - remember, the sacred fireplace never left us as Indigenous people. Settler colonialism took it away.

or made us forget it. Go ahead, pray, meditate, sing, and dance to its connection to God. Let's realize ourselves, celebrate our way of life, and inner core values. Let's honor Creator, not sick cartoon characters.

Here is a real leader, Chief Manuelito, describing coming home, after the lies, sacred fired saving The Dine' at Fort Sumner, , and the real truth emerging. "When we saw the top of the mountain from Albuquerque we wondered if it was our mountain, and we felt like talking to the ground, we loved it so, and some of the old men and women cried with joy when they reached their homes.'

Yes indeed, stand on the mountaintop and always remember, the sacred fireplace is real and your connection to God Almighty. It will always be the sacred light, burning bright and beautiful within you, among our great Indigenous people, and tribes forevermore.



#### California's Aging Services Offer Valuable Resources for Older Adults

As we grow older, our needs and priorities change. In California, a wide range of services is available to help you maintain your independence, stay connected, and lead a fulfilling life. Whether you're looking for support with daily tasks, health care guidance, or planning for the future, California's aging services are here to help.

#### **Aging in Place**

Many of you may prefer to stay in your own home as you get older. California offers programs that can assist with home repairs, transportation, and in-home care. Additionally, health and social care programs, including day centers with activities like arts and exercise, help you stay independent.

#### **Nutrition Services**

You can enjoy home-delivered meals or gather for group meals at local centers. For those with limited income, there are options to get fresh produce and other food benefits through the CalFresh Expansion program.

#### **Health Insurance Guidance**

Confused about health insurance options? The Health Insurance Counseling and Advocacy Program (HICAP) provides guidance on Medicare and long-term care insurance.

#### **Support for Caregivers**

If you are caring for an older adult, there are programs like Caregiver Resource Centers (CRCs) and the Family Caregiver Support Program offering respite, counseling, and assistance with paperwork. CRCs also provide action plans for families dealing with dementia.

#### **Legal Assistance**

Facing issues like consumer fraud, elder abuse, or age discrimination? Legal Services are available to help with Social Security, health insurance, pensions, and more.

#### **Employment Opportunities**

Looking for a job? Free training and job placement services are available for older Californians.

#### **Emergency Preparedness**

Planning for emergencies is especially important as we age. California offers resources to help you prepare for natural disasters, power outages, and other emergencies. Creating a personal emergency plan, keeping an emergency kit ready, and staying informed about local resources can make all the difference.

All these services and more are coordinated through local
Area Agencies on Aging.
Find yours by calling the California Aging and Adult Information Line at 800-510-2020 or visiting https://aging.ca.gov/



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#### 2024 Presidential General Election

Every active registered voter in San Diego County will receive a ballot in the mail the week of Oct. 6. Learn more at **sdvote.com**.

## **VOTE!**MORE DAYS. MORE WAYS.



#### YOUR VOTING OPTIONS:

**Complete your ballot** in the comfort of your home. Sign and date your return envelope, seal your completed ballot inside, and return it through the U.S. Postal Service – no stamp needed!



VISIT.

**Return your ballot** to any of the Registrar's official ballot drop boxes around the county **starting Tuesday, Oct. 8 through Election Day, Tuesday, Nov. 5**.



Avoid long lines by taking advantage of early voting!

Starting Saturday, Oct. 26, vote centers will be open daily from 8 a.m. to 5 p.m. through Monday, Nov. 4.

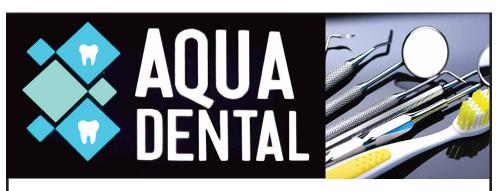
On Election Day, Tuesday, Nov. 5, voting hours change to 7 a.m. to 8 p.m.

Find a ballot drop box or vote center near you at **sdvote.com** 





Main (858) 565-5800 │ Toll Free (800) 696-0136 │ sdvote.com │ ※@sdvote #SDVOTE



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